



# Children's Counselling

## EACH Youth and Family counselling Team

Provides **FREE** counselling support to children aged 0 to 12 and their families who live, work, study or play in the City of Whitehorse.

Counsellors can assist with issues relating to (but not limited to):

- Parent and child relationships
- Parenting
- Social and Emotional wellbeing
- Grief and Loss
- Anxiety and Self Esteem

Our counsellors provide support via Telehealth:  
Phone and Video Conference Monday to Friday 9am to 5pm

To discuss or make a referral to the EACH Youth & Family Counselling Team

Please call: **1300 003 224** or  
Email: [youthandfamilyvic@each.com.au](mailto:youthandfamilyvic@each.com.au)



Check us out on Facebook @ Each Youth & Family  
[www.facebook.com/groups/eachyouthvic/](https://www.facebook.com/groups/eachyouthvic/)

