This suggested routes to school map has been designed to help encourage students of Kingswood Primary School to walk, bike, scoot, skate or park & stride safely to school.

With more students travelling actively to school this will reduce the amount of cars on the road and traffic congestion during the busy drop off and pick up times.

By using one of the marked routes, students will be walking with other students.

There are also 4 park and stride points marked on the map. These are drop-off points and have been chosen as a good place for parents driving students to school to drop them off so they can walk the rest of the way with other students and families.

Walking

If you live within a 10 or 20 minute walk from school, commuting on foot can be just as convenient as driving, and much more fun. It can also be a great way for your child to get regular exercise, and for your child's mind to become alert and ready for a day at school.

Pick a day and use the map to test out what it's like to walk to school. Even just one or two days a week can make a difference – for you, your child, and the environment.

Consider joining one of the informal walking groups along your chosen route.

Wheels

Routes to school also encourages children to cycle, scoot or skate. Riding a bike is another fun and active way to travel to and from school. It's important that students wear a bike helmet and have the necessary skills and ability to ride safely. Children under 12 can ride on the footpath with supervising adults.

Park & stride

If you don't live within the walking zone, there are still ways to get active. "Park and Stride" is the term for parking near the school and enjoying a short walk with your child to school then back to the car in time to continue your day.

Look for the "Park and Stride" symbols on the routes. This is also a great way to help reduce traffic congestion and air pollution around the school, and to spend quality time with your child.



Did You Know ...

- A 20 minute walk to or from school provides one third of your daily recommended exercise
- Students who walk or ride a bike to school in the morning arrive awake and more prepared to learn
- On average, half as many students walk or cycle to school today than students did forty years ago

This map has been developed by Kingston City Council and Kingswood Primary School as part of the Kingston Schools Road Safety Programs.

Kingston's programs provide encouragement, education, engineering and enforcement support to improve safety, reduce congestion and promote walking and cycling as a healthy and viable way to get to and from school.









WALK AND WHEELS TO SCHOOL ROUTE MAP







Walk & Wheels Route Map orange route

Start at Centre Dandenong Rd, near Forest Park Pd. Park & Stride from here. → Campbell Grove

→ Sharrock Drive → Lord Ave

■ 10 minute walk

green route

Start at Centre Dandenong Rd & Kubis Cres. Park & Stride from here. → Kubis Cres → Campbell Grove → Timms Cres → Plaza Cres $\mathbf{10} - 15 \text{ minute walk}$

purple route

Start at Village Drive, near Howard Rd. Park & Stride from here. \rightarrow Village Dr \rightarrow cross at crossing point over Howard Rd → Glenway Drive → cross at crossing on Plaza Cres

■ 15 minute walk

yellow route

Start at Bridgewater Drive. Park & Stride from here. \rightarrow Howard Rd \rightarrow cross at crossing point over Howard Rd → Glenway Drive → cross at crossing on Plaza Cres

🔀 10 minute walk

Park and Stride Reducing traffic congestion makes our school a safer, healthier and more pleasant environment for everyone.

