



**Drummond
Street
Services**

Contact Sinem at events@ds.org.au
for more information

HEALTHY BODY IMAGE

How to support your child's self-esteem

Are you worried about your child's body image? Or your own? Do you know the difference between body image and self-image?

In this webinar, we will explore how parents can support their child's healthy body image and self-esteem.

This FREE webinar will offer parents ideas and strategies to help children with their worries about their changing bodies. You will have a unique opportunity to hear from and ask questions with a Drummond Street Child and Family practitioner who has a background in eating disorder care and healthy body image.

FREE ZOOM
WORKSHOP

**Wednesday
September 7**

12 noon to 1pm

We'll send you the link when
you book.

Bookings

<https://ds.org.au/events/healthy-body-image/>



We acknowledge the traditional owners of the land where we work and pay respects to elders past, present and future.