

Supporting Sensory Regulation - For Parents



This workshop will include interactive activities, discussion and the presentation of evidence-based strategies to support the regulation and sensory needs of children and young people experiencing mental health complexities, with a specific focus on Autism Spectrum Disorder and Developmental Trauma. The workshop will be delivered from an occupational therapy perspective, with additional reference to key neuroscience and attachment- based research.



Presenter:

Kate Piromalli
Clinical OT Advisor

Friday 19 November
10:00pm – 12:00pm

Cost: \$30

[Book here](#)



This Workshop is suitable for :

- Parents
- Carers



Contact for more information:

Lisa Campbell lisa@aass.org.au Phone: 02 9601 2844