## fathering <br> project

## Getting Back to Nature Challenge at your house

See how many you can do and tick them off as you go:
$\square$ Star gaze to find shapes
$\square \quad$ Sleep under the stars
$\square$ Build a cubby or a fort
$\square$ Cook damper
$\square \quad$ Run under a sprinkler
$\square$ Do a backyard bird count
$\square$ Play spotlight at night
$\square$ Plant seeds or seedlings
$\square \quad$ Make mudpies
$\square$ Make a kite and fly it
$\square$ Dig for worms
$\square$ Make a collection of leaves
$\square$ Explore your garden with a magnifying glass
$\square$ Catch some bugs and then release them
$\square$ Invent your own backyard obstacle course
$\square \quad$ Have a picnic
$\square$ Go for a night walk with a torch in the garden
$\square$ Make a funny nature video of your backyard - Steve Irwin style.

Add some of your own ideas:
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