| John XXIII College – Sr Mary Murray Cup<br>Swimming Carnival Program |  |                               |            |            |            |
|--|--|-------------------------------|------------|------------|------------|
| 8:00 – 8:20am  | Students arrive Attendance taken in Houses, competitor numbers placed on right hand Warm up time for competitors swimming the 100m Freestyle races |                               |            |            |            |
| 8:30am   | Opening Ceremony   |                               |            |            |            |
| 8:50am   | Marshall 100m Freestyle events (Years 7-12)  |                               |            |            |            |
| 9:10-10:30am   | 100m Freestyle races All houses to watch and cheer Year 12's permitted on pool deck to lead cheers (Quiet for start of each race)                  |                               |            |            |            |
| 10:30am-   | Year 7-9 Swimming Events   | Year 10-12 Novelty Events     |            |            |            |
| 12:00pm  |  |                               | 10         | 11         | 12         |
|  |  | 10:30am                       | Dive       | Water Polo | Cheering   |
|  |  | 11:00am                       | Water Polo | Cheering   | Dive       |
| 12:00 1:2000   | Voca 10 12 Suring ming Fronts  | 11:30am                       | Cheering   | Dive       | Water Polo |
| 12:00-1:30pm   | Year 10-12 Swimming Events   | Year 7-9 Novelty Events 7 8 9 |            |            |            |
|  |  | 12:00pm                       | Dive       | Water Polo | Cheering   |
|  |  | 12:30pm                       | Water Polo | Cheering   | Dive       |
|  |  | 1:00pm                        | Cheering   | Dive       | Water Polo |
| 1:30pm   | Marshall for relays  |                               |            |            |            |
| 1:45pm   | 4x50m Freestyle Relays Year 12's permitted on pool deck to lead cheers   |                               |            |            |            |
| 2:30pm   | Clean up   |                               |            |            |            |
| 2:45pm   | Closing Ceremony Presentations   |                               |            |            |            |
| 3:00pm   | Dismissal  |                               |            |            |            |