



# Pathways for Carers

# KNOX WALK

The Pathways for Carers project offers carers of people with a disability or mental illness an opportunity to share walks together and to learn more about news, services and supports available to carers. We will be joined on the walk by representatives from local organisations. The walk is along Liberty Avenue Reserve starting at Braeburn Avenue Rowville.

Stay after the walk for a free coffee at The Butler's Pantry.

**Time and Day:** 9:30am – 4th Monday of the month (except Public Holidays)

**Start Location:**  The Butler's Pantry  
(Wellington Village Shopping Centre, 4/1090 Wellington Rd, Rowville)

**For further information contact:** Belinda Carney at Knox City Council  
Belinda.Carney@Knox.vic.gov.au 9298 8000

**Dates for 2022:** (4th Monday of the month)

24th January	25th July
28th February	22nd August
28 March	26 September
No walk in April	24 October
23rd May	28 November
27th June	No walk in December

### Covid safe walk.

To protect our community's health and safety requires some changes to the walk, we will ensure social distancing measures of 1.5 metres and our coffee will be a take away order on the outdoor seating.

Please do not attend if you have been exposed to a Covid positive case and/or close contact of a Covid positive case OR have any symptoms please ensure you follow the Victorian Government current advice.

**For information and updates please see our web page at**  
**[www.pathwaysforcarers.com.au](http://www.pathwaysforcarers.com.au)**

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