

# Remote Learning Positive Behaviour Expectations

	Looking after Yourself	Learning Environment	Break Times	Family expectations	Microsoft Teams
<p><b>Be Respectful</b> Be respectful of yourself, others and the environment.</p>	<p>Stay connected with online social groups.</p> <p>Keep in touch with your friends and family via telephone or technology.</p> <p>Talk to your family about how you are feeling.</p> <p>Let your teachers know if you need support.</p> <p>Wear comfortable and appropriate clothing that allows for physical activity.</p>	<p>Be respectful of other people's privacy, property and be patient.</p> <p>Keep your learning space clean and organised.</p> <p>Minimise use of mobile phones during the school day.</p> <p>Consider other family members who may be working near you.</p> <p>Treat ICT and learning equipment with care.</p>	<p>Be aware and respectful of others still working.</p> <p>Look after the environment around you.</p> <p>Pack away each activity before starting the next.</p>	<p>Be well-mannered and courteous to all family members.</p> <p>Listen to adults and follow directions the first time asked.</p> <p>Express kindness often.</p> <p>Help with family chores and supporting siblings.</p>	<p>Take turns when speaking and listening.</p> <p>Utilise your webcam during roll call and small breakout groups.</p> <p>Allow time for support and feedback from your teachers.</p> <p>Be available for your teacher to contact you throughout the session.</p> <p>Use positive and respectful language.</p>
<p><b>Be a Learner</b> Be mindful of what is needed to succeed in your learning.</p>	<p>Complete your work to the best of your ability. Ask for help when needed.</p> <p>Identify daily tasks and keep to your routine with schoolwork.</p> <p>Take regular brain breaks from your learning.</p> <p>Practice mindfulness by taking a few deep breaths and re-focusing on your work.</p>	<p>Demonstrate the C.O.R.E values in your remote learning environment.</p> <p>Have all the correct equipment required for each session.</p> <p>Keep the learning space for learning as much as possible.</p>	<p>Celebrate success and share your work with someone.</p> <p>Share the space: share the game. Choose activities without screens.</p> <p>Work with others to solve problems, then seek adult support when needed.</p>	<p>Support your peers.</p> <p>Use positive language when describing the school.</p> <p>Be tolerant, understanding and supportive of others.</p>	<p>Stay on task and avoid distractions.</p> <p>Follow staff instructions online.</p> <p>Ask questions when you need clarification.</p> <p>Arrive on time to your lessons, organised and ready to learn.</p> <p>Use your device for educational purposes (OneNote, Teams)</p>
<p><b>Be Safe</b> Be aware of how to stay safe and keep others safe.</p>	<p>Keep to a morning routine to wake up at the same time, eat a healthy breakfast and be ready for your school day to start.</p> <p>Wash your hands regularly for 20 seconds.</p> <p>Physical activity for at least 60 minutes a day.</p> <p>Contact your GOAL mentor with any worries or concerns.</p>	<p>Ensure learning space is free from excessive noise.</p> <p>Ensure your equipment is set up appropriately.</p> <p>Sit somewhere comfortable with good posture.</p>	<p>Take breaks away from the screen and move around during breaks.</p> <p>Eat healthy food and drink plenty of water.</p> <p>Maintain social distancing practices if in the community.</p> <p>Listen to parents' and carers' instructions and advice.</p>	<p>Choose appropriate games, films and TV shows.</p> <p>Follow mealtime expectations.</p> <p>Work cooperatively with everyone in the learning space</p>	<p>Care for yourself and others when online.</p> <p>Follow school expectations during learning time.</p> <p>Use Microsoft Teams for educational communications.</p> <p>Make sure to stand and stretch after 30 minutes.</p> <p>Seek permission to share appropriate images, information and posts.</p>