

MOIRA Allied Health

Occupational Therapy in Schools

Occupational therapists work with children and young people of all abilities to support participation at school to achieve their best outcomes from their education.

Each person is an individual, so their needs will be to.

MOIRA's occupational therapists conduct assessments to identify individual goals, strengths and barriers to learning, then recommend strategies or changes to the environment to increase a student's capacity to participate.

Areas that our occupational therapists can assist with include:

- Supporting students to develop fine motor skills required to participate at school
- Working with children to manage strong emotions and self-regulate effectively
- Prescribing and implementing assistive technology
- Addressing sensory processing difficulties through sensory modulation techniques
- Supporting students with additional needs to complete self-care activities as independently as possible
- Improving executive functioning skills needed to plan, focus attention, remember instructions and multitask effectively

We can deliver school-based services in several ways:

- Provide tailored one on one therapy with individual students
- Deliver group therapy programs with a class or small number of students
- Recommend, implement and monitor school-wide strategies
- Provide capacity building and coaching to upskill families and teaching staff to support students

Where we currently service:

Services are currently available in within the Bayside, South, South-East and Eastern Metro Melbourne areas.

For more information or to refer:

Call: 03 8552 2286

Email: alliedhealth@moira.org.au

