

Dear Parent/Carer,

Bravehearts is pleased to inform you that the **Geelong Community Foundation** has wonderfully funded your school to receive the Ditto's Keep Safe Adventure Personal Safety Program for your children at a **reduced price**, as a means to enhance your children's learning experience through Ditto's Keep Safe Adventure - live show and in-class teaching modules, reinforcing important safety messages.

What will children learn?

Bravehearts Ditto's Keep Safe Adventure Show is underpinned by the following principles of personal safety:

- Differentiating safe and unsafe feelings
- Recognising the body's warning signs
- Body ownership and that it is ok to say no
- Helping children name public and private parts using anatomically correct names
- Reinforcing that there is no secret that children cannot tell someone
- What to do if you feel unsafe or unsure

Bravehearts aims to teach children these essential principles through a behaviour approach to content delivery, interactive games, and catchy, age-appropriate songs.

Children also learn 'Ditto's 3 Rules', which are:

1. We all have the right to feel safe with people.
2. It's ok to say NO if you feel unsafe or unsure.
3. Nothing is so yucky that you can't tell someone about it.

We are grateful to the **Geelong Community Foundation** for this financial support to help alleviate cost to you, ensuring your child/ren are able to access the personal safety program and keep safe.

Bravehearts' Education Team are here to assist you if you have any questions. You can free-call us Monday to Friday 9am-4pm AEST on 1800 272 831.

Take care and keep safe.

Kind regards,



Alison Geale
CEO