

Free Forum Promoting Men's Health

## Bentmoor Community Men's Shed Men's Health Awareness Forum When Can Men Talk?

**Date:** Wednesday 11  
June 2014

**Registration:** from  
7.45am

**Time:** 8.15am -  
11.30am

**Venue:** Bentmoor  
Community Men's Shed,  
183-185 Wickham Road  
Moorabbin (on the  
Leighmoor Uniting  
Church property)

**Cost: Free**  
Light breakfast provided  
by Café Escape

**Enquiries and/or  
bookings: 9575 5322**  
Bookings  
Recommended, RSVP  
5th June

Accessible event. Please  
discuss access  
requirements  
when  
booking.



### MC

**Bill Thomas PSM** - Bentleigh Secondary College Head of Sustainable Practice.

### Guest Speakers



**David Parkin** - A revered figure in football playing 211 games for Hawthorn, coaching over 500 games with Hawthorn, Carlton and Fitzroy and a member of the AFL Hall of Fame. David is a motivational speaker specialising in prostate and men's health, author and long time lecturer in sports and exercise science.



**Neil Roberts** - A teacher by trade the Saints Hall of Fame Legend is also a successful media presenter and has spent a year as part of a scientific team in Antarctica.



**Dr Craig Hassed** - Craig is a general practitioner and senior lecturer at Monash University Department of General Practice, specializing in stress management, mindfulness and lifestyle.

**Guest speakers will also be involved in a panel discussion along with a dietitian and an exercise physiologist.**

*Celebrating international men's health week 9-15 June*

