

CAREERS NEWSLETTER

Disclaimer – all information is printed in good faith

It is the responsibility of the student to confirm all details with the appropriate institution.

To contact Mr Madani please email jmadani@stpiusx.nsw.edu.au or call 9414 4733.

JobJump - Parents and students please watch YouTube video below and sign up

Sign up to JobJump for information about tertiary study options, ATAR's and apprenticeship and TAFE information. Create a resume, sign up for news alerts.

To register go to https://www.jobjump.com.au/

Search school - St Pius X Chatswood

Register with an email address (use a private address, not spx)

Password – pius (lower case)

Parent information: https://www.youtube.com/watch?v=fZoyckJwvVg&feature=youtu.be

Journey to Sydney: Support your young person to achieve

Organisation: University of Sydney

Location: Online **Date:** July 21, 2025

We invite you to join us for a practical and engaging session designed to empower you in supporting your young person's journey to university. From now through to offers and enrolment, we'll walk you through the key milestones, dates, and preparation tips to help ensure they're set up for success. In this webinar, we'll cover:

- How to navigate the preference process and make the most of the website, events program, and other resources available to you
- Important dates and requirements for applications, scholarships, and more
- Ways to support your young person's decision-making and help them prepare for a range of outcomes
- Additional factors to consider when choosing a study path

Alongside the practical information, you'll also hear directly from a parent who has successfully supported their young person through their final year of school and into university—sharing valuable insights and real-life experience.

Find out more and register

Veterinary Medicine Undergraduate Admissions Information Session

Organisation: University of Sydney

Location: Online **Date:** July 23, 2025

Interested in a career in veterinary medicine? Learn about the undergraduate admission requirements for the Bachelor of Veterinary Biology and Doctor of Veterinary Medicine, including advice and information on the commitment statement and Casper situational judgement test.

Bring along your questions to the Sydney School of Veterinary Science, and get advice on your undergraduate application into the degree.





Indigenous Futures at Sydney: Early Conditional Entry

Organisation: University of Sydney

Location: Online **Date:** July 24, 2025

Join us for an overview of the Gadigal Early Conditional Offer round, which is available for applicants who submit their applications before August 10th.

This will emphasise the Gadigal pathway and reduced ATAR for the respective degree. Applicants who meet this requirement will be granted a conditional offer, provided they fulfil any additional prerequisites associated with the degree program. We will also discuss alternate pathway options including our Extended Bachelors Program.

Find out more and register

Workplace essentials for young workers including international students

Organisation: Fair Work Ombudsman

Location: Online **Date:** July 24, 2025

Are you a young worker just starting out in employment? Maybe you have already commenced work and would like to know about your rights and obligations? Young workers, including international students, have the same workplace rights and protections as all working Australians.

Join our webinar to find out:

- Your essential workplace rights and entitlements
- Helpful tips for starting a new job
- Common workplace issues you may encounter, including unpaid work and internships
- Plus, a practical overview for how we can help you resolve workplace issues

Introductory level – this webinar is suitable for all knowledge levels and will not cover complex information. Please note, this webinar will not cover how to find a job in Australia or provide opportunities to find employment.

Find out more and register

ANSTO Science Discovery Tour

Organisation: ANSTO

Location: ANSTO Discovery Centre

Date: July 26, 2025

This tour provides an in-depth look into the world of nuclear science and the work ANSTO does in the areas of health, the environment and delivering solutions for industry.

Subject to availability, we will visit Australia's only nuclear reactor OPAL, the Australian Centre for Neutron Scattering, the ANSTO Nuclear Medicine facility and the Centre for Accelerator Science.

Find out more and register

NSW Police Information Session Sydney

Organisation: NSW Police

Location: 2 Dawn Fraser Avenue, Sydney Olympic Park

Date: July 26, 2025

This is an event for those looking to apply for the NSW Police Force. Come ask our team any recruitment questions!

Find out more and register

ACU Open Day 2025, Blacktown

Organisation: Australian Catholic University

Location: ACU Blacktown Campus

Date: July 26, 2025

Open Day is your chance to find out everything you need to know about studying at ACU before you enrol. You'll be able to check out the campus, meet staff and students, discuss entry pathways, and talk to experts about your study

options and career goals. Find out more and register





UOW Open Day 2025, Liverpool

Organisation: University of Wollongong **Location:** UOW Liverpool Campus

Date: July 26, 2025

The University of Wollongong (UOW) Open Day is the perfect opportunity to visit our Liverpool campus, speak with our staff and students, and see why UOW is ranked as one of the best universities for student experience.

Whether you are looking at your next steps after Year 12, or you finished school some time ago and are looking for

a pathway into university, Open Day is for you.

Find out more and register

Parent and Student Information Session Organisation: University of Notre Dame Location: Notre Dame Sydney Campus

Date: July 28, 2025

The Broadway site of the University of Notre Dame Australia is situated in the colourful inner-city suburb of Chippendale. Nestled among some of Sydney's most vibrant neighbourhoods, our campus proudly encompasses heritage buildings and leafy courtyards.

You'll hear about Notre Dame's Early Offer program, scholarships and fees, alternate entry pathways, student experience and a faculty overview of new programs.

Find out more and register

Why We Chose CGA: A Parent's Perspective on Flexible, Future-Ready Online Education

Organisation: Crimson Global Academy

Location: Online **Date:** July 29, 2025

More Australian and New Zealand families are turning to flexible, personalised learning that meets their child's needs - academically, socially, and emotionally.

Hear from real CGA Parents in this 30-minute webinar, as they share:

- Why they chose to move away from traditional schooling and how online education supports their child's goals.
- How CGA's flexible learning model empowers students to balance sports, the arts, travel, and advanced study.
- What the everyday life of an online learning family looks like.

Whether seeking greater academic challenges, flexibility, or a better learning fit, get real-life insight into what's possible learning with CGA.

Find out more and register

Discover Western Webinar - Pathways, Alternative Entry and Early Offers

Organisation: Western Sydney University

Location: Online **Date:** July 29, 2025

Join us for this webinar aimed at students in Years 10 - 12, where we will explore and explain our HSC True Reward

Early Offer Program, Alternative Entry Pathways and more.

Find out more and register

Why study business at Sydney? Organisation: University of Sydney

Location: Online **Date:** July 30, 2025

Discover how our Commerce degree prepares you for the future of work and a wide range of career opportunities. You will learn about the range of study areas (or majors) available – such as Marketing, Finance, or Innovation and Entrepreneurship - and the many ways in which you can combine your interests, with over 100 study areas to select from our shared pools of majors and minors.

Find out more about internships, industry-focused experiences, and global mobility opportunities on offer to our Bachelor of Commerce students.





Scholarships at Sydney

Organisation: University of Sydney

Location: Online **Date:** July 30, 2025

At the University of Sydney, we offer over \$135 million worth of scholarships every year. We're dedicated to supporting you throughout your time at university and offer a variety of scholarships for domestic undergraduate students. To make the process easier and more accessible, we've created a centralised form where you can be considered for a scholarship through one simple application.

Additionally, some of our scholarships require no application at all! In this webinar you will learn about the scholarships we offer, find out about your eligibility, get tips on writing a strong scholarship application and have your questions answered by our team.

Find out more and register

Meet the University of Sydney - Port Macquarie

Organisation: University of Sydney **Location:** Rydges Port Macquarie

Date: July 31, 2025

Join us for an information evening to find out about the University of Sydney! Learn about our Regional and Remote Entry Scheme and MySydney Scheme.

The session will also cover information about courses, admission requirements, entry schemes/pathways, fees, scholarships and accommodation, as well as the type of support available on campus. Uni students and alumni from Regional NSW will share stories, tips on moving away from home and advice about their journey to university and beyond.

You'll also get the chance to speak with staff and students and have your questions answered.

Find out more and register

CSU Open Day 2025, Port Macquarie
Organisation: Charles Sturt University
Location: CSU Port Macquarie Campus

Date: August 3, 2025

Discover what uni life is like! Whether you're in high school, looking to upskill, want to change careers, or are a parent, teacher or carer – there's something for everyone.

- Jump on a campus tour explore our facilities and accommodation.
- Get detailed info about courses.
- Chat to current students about Charles Sturt life.
- Be inspired by our expert teaching staff.
- Discover the social side of life at Charles Sturt.
- Enjoy live entertainment, giveaways, competitions and free food!

Plus, you can explore our expo, info, and career and skills hubs. Chat to our friendly teams about our support services, early offer programs and how to boost your hiring potential.

Find out more and register

2025 Apprenticeship/Traineeship & Jobs Expo – Parramatta & Hills District

Organisation: Brett Carter Events

Location: Wenty Leagues **Date:** August 5, 2025

Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts. The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and promote their organisation for upcoming recruitment drives.







Whitehouse Open House 2025, Sydney
Organisation: Whitehouse Institute of Design

Location: Whitehouse Sydney Campus

Date: August 9, 2025

Join Whitehouse this August to hear more about our design courses, join a free creative workshop or join an info

session on where a career in design can take you.

Find out more and register

Medical Interviews Preparation Workshop Online

Organisation: National Institute of Education

Location: Online

Date: August 9 to August 10, 2025

The unique NIE workshop program aims for students to gain an in-depth understanding and required knowledge of the medical interview processes for specific universities, including Multi-station Mini Interview (MMI), Structured, and Semi-structured panel interviews.

The workshop is structured and based on the models that are taught during our proven one-on-one personalised medical interview sessions. It will allow each and every attendee to learn the required skills and practical understanding for the university from which they received an interview offer.

Find out more and register

CDW Open Day 2025, Sydney Organisation: CDW Studios Location: CDW Sydney Campus

Date: August 9, 2025

This is your chance to come down and explore our creative space, meet staff and students, and learn more about

our programs!

Whether you're an aspiring entertainment design artist or just curious about the world of games, movies and animation, this is the perfect opportunity to kickstart your career at CDW Studios.

Find out more and register

AFTRS Open Day 2025

Organisation: Australian Film Television and Radio School **Location:** Australian Film Television and Radio School

Date: August 9, 2025

Unleash your creative potential in the world of film, television, radio and podcasting at AFTRS – Australia's national

screen and audio school!

Join us on Open Day at our state-of-the-art purpose-built campus to discover everything you need to know about us, and our courses, including the Bachelor of Arts Screen: Production, Graduate Diploma in Radio and Podcasting, Master of Arts Screen: Business and the nine disciplines of our Master of Arts Screen.

Our expert practitioners will be on hand to welcome you and answer all your burning questions in lively discussions and our Ask Us Anything sessions.

Find out more and register

UC Sydney Hills Education Open Day 2025

Organisation: University of Canberra **Location:** UC Sydney Hills Campus

Date: August 9, 2025

Discover how the Bachelor of Early Childhood Education (Birth to Five) at UC Sydney Hills can launch your career in one of the most rewarding and impactful professions!

Here's what you can expect on the day:

- Explore our Early Childhood Education program in detail
- Tour our vibrant campus and modern learning spaces
- Join hands-on workshops and presentations tailored for future educators
- Meet academic staff and current students for real-world insights





Enjoy free snacks, coffee, and our famous UC blue cupcakes!

Find out more and register

CSU Open Day 2025, Wagga Wagga Organisation: Charles Sturt University Location: CSU Wagga Wagga Campus

Date: August 10, 2025

Discover what uni life is like! Whether you're in high school, looking to upskill, want to change careers, or are a parent, teacher or carer – there's something for everyone.

- Jump on a campus tour explore our facilities and accommodation.
- Get detailed info about courses.
- Chat to current students about Charles Sturt life.
- Be inspired by our expert teaching staff.
- Discover the social side of life at Charles Sturt.
- Enjoy live entertainment, giveaways, competitions and free food!

Plus, you can explore our expo, info, and career and skills hubs. Chat to our friendly teams about our support services, early offer programs and how to boost your hiring potential.

Find out more and register

SCU Open Day 2025, Coffs Harbour

Organisation: Southern Cross University **Location:** SCU Coffs Harbour Campus

Date: August 10, 2025

Open Day at Southern Cross University is a perfect opportunity to discover which courses spark your interest and the campus or study mode that works best for you.

Our friendly study specialists will be on hand to step you through the process of applying for your dream course and

answer any questions you have about studying with us.

Find out more and register

Avondale Sydney Nursing Open Day 2025

Organisation: Avondale University

Location: Avondale Lake Macquarie Campus

Date: August 13, 2025

Find out why our Nursing degree is ranked #1 in Australia for overall experience by Good Universities Guide in 2025 and why we are the #1 University for graduate employment.

What to expect:

- Experience interactive campus tours of our state of the art facilities
- Chat to current students about community, social life, sport and clubs
- Learn all about our courses and how to apply from our awesome staff who are here to help you reach your dreams
- Live entertainment, giveaways and of course free food!

Find out more and register

Sydney Careers & Employment Expo 2025

Organisation: Kym Jones Exhibitions **Location:** Hordern Pavilion, Moore Park **Date:** August 15 to August 16, 2025

Sydney's Careers & Employment Event will open on August 15 & 16, 2025, at the Hordern Pavilion, Moore Park. The Expo will showcase over 120 organisations and employers with career opportunities for all ages. Entry is free. The event is for school students, parents, teachers, graduates, job seekers, people looking for courses and workers

seeking new opportunities. Find out more and register





Decoding the Ocean

Organisation: Australian National Maritime Museum **Location:** Australian National Maritime Museum

Date: August 15, 2025

This special Science Week event for high school students brings together ocean scientists and the Royal Australian Navy. Students will take a deep dive into oceanography and learn how STEM can help us to decode the ocean. On the day, students will attend an inspiring speaker session led by scientists working on a range of STEM topics, such as climate science, meteorology and science communication.

The Navy is packed with STEM opportunities, from survival training to mathematical modelling, submarines and more! At this event, students will also hear from Navy representatives as they discuss the science and technology behind the Navy.

After the presentations, students can explore the museum, including HMAS Vampire (a Navy Destroyer) and our latest science exhibitions during a self-guided visit.

Find out more and register

Macquarie Open Day 2025

Organisation: Macquarie University

Location: Macquarie Wallumattagal Campus

Date: August 16, 2025

We can't wait to welcome you to our campus in 2025!

What you can do on Open Day:

- Attend an info session on some of our most popular degrees
- Speak with our academics about our degrees, majors and specialisations, and how they'll uniquely prepare you for your first career, or help you upskill or reskill if your career is already underway
- Learn about our scholarships, adjustment factors and pathways; and RPL (recognition of prior learning) if you've studied before
- Chat with current students about uni life
- Jump on a campus tour and check out our awesome facilities

Open Day is an experience made for (YOU)^{us}.

https://youtu.be/uYH0yfYWQZY

Find out more and register

JMC Sydney August 2025 Open Day

Organisation: JMC Academy **Location:** JMC Sydney Campus

Date: August 16, 2025

This is your chance to see our multi-million dollar world-class facilities - future students, parents and friends welcome.

Things to do at Open Day:

- Explore your creative future and learn about our courses
- Meet our current students and industry expert lecturers
- Check out live student performances
- Tour our world-class facilities and tech
- Speak to us about the admissions process
- Get hands-on with our interactive activations

Find out more and register

UON Open Day 2025, Newcastle

Organisation: University of Newcastle Location: UON, Callaghan & City Campuses

Date: August 16, 2025

Open Day is packed with everything you need to know about going to the University of Newcastle. Participate in degree presentations, info sessions and tours of the campus.

Enjoy a hands-on experience with our program activations, and ask our student ambassadors questions about uni life.





ICMS Open Day 2025

Organisation: International College of Management Sydney

Location: ICMS Manly Campus

Date: August 16, 2025

At the ICMS Open Day you will learn about all the degrees offered and discover why ICMS's personal mentoring approach could make all the difference to your future career success – and help you to make the most of your student years!

- Learn about Undergraduate and Postgraduate Degrees
- Attend Degree Course Briefings with Lecturers
- Get insights from Current Students
- Find out about Scholarships, Early Entry, the Leadership Entry Program and the Elite Athlete Program
- Learn about our Work Integrated Learning (Internship) Program
- Speak personally to Admissions

Find out more and register

ACAP Open Day 2025, Sydney

Organisation: ACAP University College

Location: ACAP Sydney Campus

Date: August 16, 2025

Open Day is your chance to experience the ACAP difference, and find your path in the applied professions. Whether you're interested in Counselling, Psychology, Social Work, Criminology, Law, or Business, ACAP is your pathway to making a difference.

Be part of a workshop, meet our industry-renowned facilitators, and hear all about life as an ACAP student. Join us for a day of exploration and inspiration!

Find out more and register

ACAP Open Day 2025, Byron Bay

Organisation: ACAP University College **Location:** ACAP Byron Bay Campus

Date: August 16, 2025

Open Day is your chance to experience the ACAP difference, and find your path in the applied professions. Whether you're interested in Counselling, Psychology, Social Work, Criminology, Law, or Business, ACAP is your pathway to making a difference.

Be part of a workshop, meet our industry-renowned facilitators, and hear all about life as an ACAP student. Join us for a day of exploration and inspiration!

Find out more and register

SAE Open Day 2025, Sydney

Organisation: SAE University College **Location:** SAE Sydney Campus

Date: August 16, 2025

We're opening the doors to the campus for our biggest event of the year – Open Day!

Come and tour our facilities, speak to faculty members, meet current students, and find out everything you need to know about studying at SAE.

If you're considering studying creative media, come along to SAE's Open Day to speak to our experienced team and learn how you can pursue your passion in this dynamic and expanding industry.

Find out more and register

La Trobe Open Day 2025, Sydney Organisation: La Trobe University

Location: La Trobe Sydney Campus

Date: August 16, 2025





Why attend Open Day at La Trobe?

- Chat with current students, alumni and teachers to get first-hand advice about your dream course, or just about the best places to eat on campus.
- Explore the campus by yourself or join a guided tour. See our world-class health facilities, leading IT and science labs, business trading room, accommodation and much more.
- Discover your options for placements, internships and work-based learning, and get all your questions answered about your dream course.
- Get a taste of what it's really like to be at uni. Join events and activities or kick back and enjoy the campus Open Day is the place to see it all.

Find out more and register

ADFA Open Day 2025

Organisation: Australian Defence Force Academy **Location:** ADFA Canberra Campus & Online

Date: August 16, 2025

Join us online or in person for ADFA Open Day to learn about life on campus and how you can receive a fully funded UNSW degree.

Don't worry if you can't make it in person, you can still attend ADFA Virtual Open Day online. Register now to reserve your spot at the online event, or join us in person with no registration required.

On the day, you will have the chance to:

- Explore world-class UNSW degrees, with information sessions about Business, Arts, Science, Engineering, Computing and Cyber Security.
- Learn about military training, studying and life on campus from current ADFA Trainee Officers.
- Watch a range of exciting military displays from Navy, Army and Air Force.
- Take a tour of the campus, and much more.

Find out more and register

SCU Open Day 2025, Northern Rivers

Organisation: Southern Cross University **Location:** SCU Northern Rivers Campus

Date: August 17, 2025

Open Day at Southern Cross University is a perfect opportunity to discover which courses spark your interest and the campus or study mode that works best for you.

Our friendly study specialists will be on hand to step you through the process of applying for your dream course and answer any questions you have about studying with us.

Find out more and register

CSU Open Day 2025, Albury-Wodonga Organisation: Charles Sturt University Location: CSU Albury-Wodonga Campus

Date: August 17, 2025

Discover what uni life is like! Whether you're in high school, looking to upskill, want to change careers, or are a parent, teacher or carer – there's something for everyone.

- Jump on a campus tour explore our facilities and accommodation.
- Get detailed info about courses.
- Chat to current students about Charles Sturt life.
- Be inspired by our expert teaching staff.
- Discover the social side of life at Charles Sturt.
- Enjoy live entertainment, giveaways, competitions and free food!

Plus, you can explore our expo, info, and career and skills hubs. Chat to our friendly teams about our support services, early offer programs and how to boost your hiring potential.

Find out more and register

ACU Open Day 2025, Strathfield

Organisation: Australian Catholic University

Location: ACU Strathfield Campus





Date: August 17, 2025

Open Day is your chance to find out everything you need to know about studying at ACU before you enrol. You'll be able to check out the campus, meet staff and students, discuss entry pathways, and talk to experts about your study options and career goals.

Find out more and register

La Trobe Open Day 2025, Albury-Wodonga

Organisation: La Trobe University

Location: La Trobe Albury-Wodonga Campus

Date: August 17, 2025

Why attend Open Day at La Trobe?

- Chat with current students, alumni and teachers to get first-hand advice about your dream course, or just about the best places to eat on campus.
- Explore the campus by yourself or join a guided tour. See our world-class health facilities, leading IT and science labs, business trading room, accommodation and much more.
- Discover your options for placements, internships and work-based learning, and get all your questions answered about your dream course.
- Get a taste of what it's really like to be at uni. Join events and activities or kick back and enjoy the campus –
 Open Day is the place to see it all.

Find out more and register

Year 12 Revision Webinars

Organisation: Australian Catholic University

Location: Online

Date: August 18 to September 11, 2025

Worried about your Year 12 exams? You're not alone. This can be a stressful time, which is why ACU has teamed up with InspirED to help you do your very best and get ready for what's to come.

Between August and September join ACU for a series of free online webinars run by experienced Year 12 exam markers and assessors. They'll guide you through how to respond to possible exam questions, help you get your head around the class content to deepen your understanding, and offer plenty of tips and strategies along the way.

Find out more and register

ATAR, Bonus Points, & Uni Entry Explained

Organisation: Claire Pech Careers

Location: Online **Date:** August 20, 2025

Looking for ways to unlock bonus points and improve uni entry chances? Join our webinar designed for Yr 12 students and parents, navigating university admissions.

We will cover: The ATAR explained, bonus points (adjustment factors) and who qualifies, what is EAS and how to apply, dates, preferencing and decision making.

This talk is being run by <u>Claire Pech Careers</u> and <u>Amanda Krulis</u>.

Find out more and register

The Hotel School Industry Insights Sydney 2025

Organisation: The Hotel School Australia

Location: Hyatt Regency Sydney

Date: August 23, 2025

Step into the world of hospitality at Hyatt Regency Sydney! This exclusive event for Year 12 students gives you a behind-the-scenes look at one of the top venues in the industry and a taste of the exciting careers that could be yours. Key takeaways include:

- Hear from Industry Experts
- Interactive Workshop inc. Completion Certificate
- A tour of the iconic hospitality venue





- Get all your questions answered by THSA team
- Network with Industry leaders & current THSA students
- Complimentary Morning Tea & Lunch provided for students

Find out more and register

Torrens Open Day 2025, Sydney

Organisation: Torrens University Australia **Location:** Torrens Surry Hills Campus

Date: August 23, 2025

Come and meet our academics, and Future Student Advisors, who will be able to answer all your questions about early entry, scholarships, entry pathways and the our world-class facilities. Explore our campus and find out

firsthand how exciting studying in Sydney can be.

Find out more and register

Excelsia Open Day 2025

Organisation: Excelsia University College **Location:** Excelsia Pennant Hills Campus

Date: August 23, 2025

Open Days at Excelsia are a wonderful chance for future students and their families to experience the heart of campus life. Come along to learn more about our courses, scholarships, student support, and what it's like to study in a welcoming, purpose-driven community. Visit our brand-new Pennant Hills location and see how Excelsia can

help shape your future. Find out more and register

CSU Open Day 2025, Bathurst

Organisation: Charles Sturt University **Location:** CSU Bathurst Campus

Date: August 24, 2025

Discover what uni life is like! Whether you're in high school, looking to upskill, want to change careers, or are a parent, teacher or carer – there's something for everyone.

- Jump on a campus tour explore our facilities and accommodation.
- Get detailed info about courses.
- Chat to current students about Charles Sturt life.
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- Discover the social side of life at Charles Sturt.
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Plus, you can explore our expo, info, and career and skills hubs. Chat to our friendly teams about our support services, early offer programs and how to boost your hiring potential.

Find out more and register

Avondale Lake Macquarie Open Day 2025

Organisation: Avondale University

Location: Avondale Lake Macquarie Campus

Date: August 24, 2025

Find out why our Nursing degree is ranked #1 in Australia for overall experience by Good Universities Guide in 2025 and why we are the #1 University for graduate employment.

What to expect:

- Experience interactive campus tours of our state of the art facilities and onsite accommodation
- Chat to current students about community, social life, sport and clubs
- Learn all about our courses and how to apply from our awesome staff who are here to help you reach your dreams
- Live entertainment, giveaways and of course free food!





2025 Apprenticeship/Traineeship & Jobs Expo – South Western Sydney & Macarthur

Organisation: Brett Carter Events **Location:** Liverpool Catholic Club

Date: August 26, 2025

Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts. The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and promote their organisation for upcoming recruitment drives.

Find out more and register

ADHD & ATAR, Bonus Points, & Uni Entry Explained

Organisation: Claire Pech Careers

Location: Online **Date:** August 28, 2025

Looking for ways to unlock bonus points and improve uni entry chances? Join our webinar designed for Yr 12 students with ADHD and parents, navigating university admissions.

We will cover: The ATAR explained, bonus points (adjustment factors) and who qualifies, what is EAS and how to

apply with ADHD as the main contributor, dates, preferencing and decision making throughout this.

This talk is being run by Claire Pech Careers and Amanda Krulis.

Find out more and register

UON Open Day 2025, Central Coast Organisation: University of Newcastle

Location: UON Ourimbah & Gosford Campuses

Date: August 30, 2025

Open Day is packed with everything you need to know about going to the University of Newcastle. Participate in degree presentations, info sessions and tours of the campus.

Enjoy a hands-on experience with our program activations, and ask our student ambassadors questions about uni

life.

Find out more and register

AIE Online Campus Day

Organisation: Academy of Interactive Entertainment

Location: Online **Date:** August 30, 2025

Discover the courses designed to get you started in game development, 3D animation, film and visual effects at the AIE Online Campus Day. AIE will be running this event for students interested in studying online. You will be able to meet our teachers, explore how classes will run, course options, career pathways and see our amazing student work.

We will be covering everything you need to know about the:

- careers in games and VFX that we train students for;
- studios and industries that we work with;
- courses we offer from beginners to professional mastery, and;
- the software, skills and knowledge we teach.

Find out more and register

USYD Open Day 2025

Organisation: University of Sydney **Location:** Sydney Camperdown Campus

Date: August 30, 2025

Join us at the University of Sydney Open Day on Saturday 30 August 2025. Experience our vibrant student life on





campus, hear from academics and current students and discover what makes us different. Find out more and register

UTS Open Day 2025

Organisation: University of Technology Sydney

Location: UTS City Campus **Date:** August 30, 2025

Info sessions, campus tours, workshops, dancing robots – UTS Open Day has it all. Get a taste of what students can

expect at Australia's #1 young uni.

Find out more and register

Notre Dame Open Day 2025, Sydney Organisation: University of Notre Dame Location: Notre Dame Sydney Campus

Date: August 30, 2025

Notre Dame's Open Day is your chance to explore what university life is all about! You'll discover study options, career pathways and our student support services. Plus, you'll experience an exciting program filled with activities for future students.

Whether you're in Year 10, 11 or 12, or a graduate thinking about postgrad study, our Open Day is open to everyone – including pathways and international students, who can chat with our dedicated team. Learn about scholarships and financial assistance to make your journey affordable.

Find out more and register

CSU Open Day 2025, Orange

Organisation: Charles Sturt University

Location: CSU Orange Campus

Date: August 31, 2025

Discover what uni life is like! Whether you're in high school, looking to upskill, want to change careers, or are a parent, teacher or carer – there's something for everyone.

- Jump on a campus tour explore our facilities and accommodation.
- Get detailed info about courses.
- Chat to current students about Charles Sturt life.
- Be inspired by our expert teaching staff.
- Discover the social side of life at Charles Sturt.
- Enjoy live entertainment, giveaways, competitions and free food!

Plus, you can explore our expo, info, and career and skills hubs. Chat to our friendly teams about our support services, early offer programs and how to boost your hiring potential.

Find out more and register

Torrens Technology Virtual Open Day

Organisation: Torrens University Australia

Location: Online

Date: September 2, 2025

Join online as our as our Technology academics talk you through the courses on offer and how you can get the most out of studying with us. Learn about scholarships, study pathways, our industry partnerships with global brands and what sets us apart from other universities.

Find out more and register

Torrens Health and Education Virtual Open Day

Organisation: Torrens University Australia

Location: Online

Date: September 2, 2025

Join online as our Health and Education academics talk you through the courses on offer and how you can get the most out of studying with us. Learn about scholarships, study pathways, our industry partnerships with global brands and what sets us apart from other universities.





Torrens Business and Hospitality Virtual Open Day

Organisation: Torrens University Australia

Location: Online

Date: September 2, 2025

Join online our as our Business and Hospitality academics talk you through the courses on offer and how you can get the most out of studying with us. Learn about scholarships, study pathways, our industry partnerships with global

brands and what sets us apart from other universities.

Find out more and register

2025 Apprenticeship/Traineeship & Jobs Expo - Sutherland Shire

Organisation: Brett Carter Events

Location: Tradies Gymea **Date:** September 2, 2025

Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts. The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and promote their organisation for upcoming recruitment drives.

Find out more and register

Deadly Pathways Festival Dubbo

Organisation: Charles Sturt University

Location: CSU Dubbo Campus **Date:** September 2, 2025

Deadly Pathways Festivals are back in 2025! Join us for a high-energy day full of activity, inspiration and celebration of First Nations success.

- Meet First Nations role models in science, technology and health.
- Engage in insightful workshops led by Charles Sturt academics, and dive into hands-on activities that will ignite your curiosity and passion for learning.
- Find out about support for entry and success as a future student at Charles Sturt.
- Enjoy featured entertainment by comedian Andy Saunders and talented musicians.

Find out more and register

Torrens Design and Creative Technology Virtual Open Day

Organisation: Torrens University Australia

Location: Online

Date: September 3, 2025

Join online as our as our Design and Creative Technology academics talk you through the courses on offer and how you can get the most out of studying with us. Learn about scholarships, study pathways, our industry partnerships with global brands and what sets us apart from other universities.

Find out more and register

ACPE Open Day 2025

Organisation: Australian College of Physical Education

Location: ACPE Sydney Olympic Park

Date: September 6, 2025

Exploring your study options for a career in the sport industry? Join us on campus. See where you will study, meet our students and lecturers, and participate in info sessions and practical sessions to take the next step with confidence.

- Discover your study course options
- Find out where a qualification from ACPE can take your career





- Take a campus tour
- Discuss your study options with our Admissions team
- Meet with academic and student support staff
- Chat with current students about their experience at ACPE
- Enrol for your preferred course on the day, and secure your place

Find out more and register

ACU Open Day 2025, North Sydney

Organisation: Australian Catholic University

Location: ACU North Sydney Campus

Date: September 6, 2025

Open Day is your chance to find out everything you need to know about studying at ACU before you enrol. You'll be able to check out the campus, meet staff and students, discuss entry pathways, and talk to experts about your study

options and career goals. Find out more and register

UTAS Open Day 2025, Rozelle

Organisation: University of Tasmania **Location:** UTAS Rozelle Campus **Date:** September 6, 2025

Visit us at our Open Day 2025 event in Sydney. You will have the opportunity to explore our campuses, discuss your

study options, and discover how studying at the University of Tasmania could be the perfect fit for you.

Find out more and register

UNSW Open Day 2025

Organisation: University of New South Wales

Location: UNSW Kensington Campus

Date: September 6, 2025

At UNSW Open Day 2025, you'll discover the progress you can make as one of Australia's most employable graduates. Whether you're looking to start uni next year or in a few years, you're a parent or you're considering

postgrad – we'll have something for you.

Find out more and register

Rural Health Pathways Showcase Organisation: Rural Doctors Network

Location: ICC Darling Harbour **Date:** September 8, 2025

High school students, careers advisers, teachers and parents are invited to RDN's Rural Health Pathways Showcase. Learn about study pathways and careers in medicine, nursing, midwifery, allied health, Aboriginal health and administration.

Attendees will have a chance to:

- Talk to universities and rural workforce agencies about study pathways and career opportunities;
- Speak one-on-one with and be inspired by health students, recent graduates and health professionals about their journeys; and
- Participate in hands-on activities that will give an insight into a day in the life of health professionals.

Find out more and register

2025 Apprenticeship/Traineeship & Jobs Expo – Western Sydney

Organisation: Brett Carter Events

Location: Penrith Valley Regional Sports Centre

Date: September 9, 2025

Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts. The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and





promote their organisation for upcoming recruitment drives.

Find out more and register

SDS Open Day, September

Organisation: Sydney Design School Location: Sydney Design School Date: September 13, 2025

If you're considering studying with us, our Open Day is a great way to get to know us better. Explore our studios, browse through our Graduate Exhibition, meet students and Educators, watch a live Info Session and get creative

making a mood board or digital model.

Find out more and register

Deadly Pathways Festival Port Macquarie

Organisation: Charles Sturt University **Location:** CSU Port Macquarie Campus

Date: September 18, 2025

Deadly Pathways Festivals are back in 2025! Join us for a high-energy day full of activity, inspiration and celebration of First Nations success.

- Meet First Nations role models in science, technology and health.
- Engage in insightful workshops led by Charles Sturt academics, and dive into hands-on activities that will ignite your curiosity and passion for learning.
- Find out about support for entry and success as a future student at Charles Sturt.
- Enjoy featured entertainment by comedian Andy Saunders and talented musicians.

Find out more and register

Outward Bound Expedition VIC Organisation: Outward Bound

Location: Buchan, VIC

Date: September 22 to October 1, 2025

Join a crew of adventurers from across Australia for 10 days of challenge, connection and serious outdoor action. Expedition is designed for 15–24 year olds chasing something real—big hikes, big moments, and big personal growth.

You'll push your limits on epic activities like the Giant Ladder, high ropes, abseiling, hikes and an unforgettable overnight solo. Along the way, you'll build resilience, confidence, and a deeper connection to yourself, others, and the environment. Walk away with skills and stories that'll stick with you, wherever life takes you next. To apply, create a quick 1–2 minute video answering: "Why do you want to join the Expedition program?"

AOBDF Scholarships are available to individual participants wanting to attend School Holiday Adventures, Duke of Ed or for Schools seeking funding assistance for individual students.

Find out more and register

Free Online HSC Study Sessions

Organisation: Western Sydney University

Location: Online

Date: September 29 to October 3, 2025

From Monday 29th September to Friday 3rd October 2025, Western Sydney University will be offering a range of online study sessions to assist Year 12 students in their preparations for the HSC.

These will be delivered by highly qualified senior teachers with 24 free sessions across 15 key HSC subject areas, with sessions that include content analysis, tips and strategies, and a detailed exploration of key syllabus and curriculum areas.

Students also have the opportunity to sit a practice exam and deconstruction, with feedback and advice from experts.





Outward Bound Junior Adventure ACT

Organisation: Outward Bound

Location: Tharwa, ACT

Date: September 29 to October 3, 2025

Get outdoors on a 5-day school holiday adventure with likeminded young adults, 12-15 years, from across the

country.

Be introduced to authentic adventure the Outward Bound way. Embrace the peak activities including overnight journeying and camping, abseiling, climbing, and high ropes. Discover there is more in you than you thought possible, and bring home knowledge and skills that will support you in your future pursuits, no matter where you

<u>AOBDF Scholarships</u> are available to individual participants wanting to attend School Holiday Adventures, Duke of Ed or for Schools seeking funding assistance for individual students.

Find out more and register

Outward Bound Expedition WA Organisation: Outward Bound

Location: Walpole, WA

Date: September 30 to October 9, 2025

Join a crew of adventurers from across Australia for 10 days of challenge, connection and serious outdoor action. Expedition is designed for 15–24 year olds chasing something real—big hikes, big moments, and big personal growth.

You'll take on high ropes, epic coastal paddling, multi-day hikes, and an unforgettable solo night under the stars. It's all about finding your limits, backing yourself, and building the kind of skills that stick with you wherever life takes you.

To apply, create a quick 1–2 minute video answering: "Why do you want to join the Expedition program?"

<u>AOBDF Scholarships</u> are available to individual participants wanting to attend School Holiday Adventures, Duke of Ed or for Schools seeking funding assistance for individual students.

Find out more and register

Discover Teaching & Psychology at Strathfield Campus

Organisation: Australian Catholic University

Location: ACU Strathfield Campus

Date: October 1, 2025

Are you passionate about shaping young minds or helping others thrive? Take part in hands-on workshops where you'll gain practical insights into what it's really like to work as a teacher or psychologist.

Tour our facilities and hear firsthand from current students about their rewarding journeys and experiences in these impactful fields.

Whether you're interested in becoming a teacher or pursuing a career in psychology, this event will give you a closer look at how ACU can help you make a difference in the lives of others.

Find out more and register

Discover Business at ACU North Sydney Organisation: Australian Catholic University

Location: ACU North Sydney Campus

Date: October 3, 2025

In today's fast-paced world, where technology and AI are reshaping industries, are you ready to take on the challenges of the modern business world? Discover how ACU can help you become a business leader, entrepreneur or social innovator in the modern global economy.

At this event, you'll take part in a hands-on workshop with current students and staff to learn how ACU can kickstart your career in business.

You'll explore the unique opportunities we offer, from working with cutting-edge technology and machine learning to making valuable industry connections, engaging with the community, and even studying abroad.





School Holiday 'Out There' Sailing Program
Organisation: Royal Prince Alfred Yacht Club
Location: Royal Prince Alfred Yacht Club
Date: October 7 to October 10, 2025

The 'Out There' School Holiday Sailing Program is for participants who are 12-17 years old looking to try a new

activity, have some fun and engage with others whilst sailing.

This four-day program will include a variety of sailing activities that are focused on having fun and learning basic sailing skills. Sessions will be conducted on a mix of Club vessels, including the RPAYC's fleet of Elliott 7 Keelboats, Pacer Dinghies, Windsurf and SUP Boards, Hobie-Cat dinghies and Powerboats.

Find out more and register

HSC Study Session With Dymocks Tutoring

Organisation: International College of Management Sydney

Location: ICMS Manly Campus **Date:** October 8 to October 9, 2025

Are you a current Year 12 student stressed about your upcoming HSC exams? Don't be! ICMS, in collaboration with Dymocks Tutoring, is thrilled to invite you to our free revision days on 8 and 9 October 2025.

Throughout the day, you'll have the incredible opportunity to attend up to three sessions run by expert tutors from Dymocks. These sessions are designed to cover a range of subjects, including English, Mathematics, and Business Studies.

Whether you're looking for a comprehensive review of all modules, seeking valuable tips and tricks, or in need of practical guidance on how to excel in the HSC exam, this event is tailored to meet your needs.

Find out more and register

Campion Study Camp

Organisation: Campion College

Location: Campion College Toongabbie **Date:** October 8 to October 10, 2025

Looking for the perfect place to focus on your studies during the school holidays? Campion College's Study Camp is a brand-new initiative launching in 2025, designed to help Year 11 & 12 students make the most of their time away from school. With 6–8 hours of study each full day, a peaceful and focused environment, and the chance to connect with like-minded peers, this camp provides the ideal setting to stay on track with your academic goals.

But it's not all work! Between study sessions, enjoy fun activities to help you recharge, nutritious meals and snacks, and comfortable on-campus accommodation with 8–9 hours of sleep each night. There will also be opportunities for reflective discussions, offering encouragement and perspective during this important time. On the final night, students will join Campion College students, faculty and staff for Formal Hall – a special evening featuring a two-course meal and guest talk in the college's Grand Hall.

To ensure a focused and supportive experience, Study Camp will be limited to 30 students.

Find out more and register

Deadly Pathways Festival Wagga Wagga Organisation: Charles Sturt University Location: CSU Wagga Wagga Campus

Date: October 16, 2025

Deadly Pathways Festivals are back in 2025! Join us for a high-energy day full of activity, inspiration and celebration of First Nations success.

- Meet First Nations role models in science, technology and health.
- Engage in insightful workshops led by Charles Sturt academics, and dive into hands-on activities that will ignite your curiosity and passion for learning.
- Find out about support for entry and success as a future student at Charles Sturt.
- Enjoy featured entertainment by comedian Andy Saunders and talented musicians.





AFTRS Equity Scholarships

Organisation: Australian Film, Television and Radio School

Location: New South Wales Value: Up to \$3,000 AUD Open Date: June 18, 2025 Close Date: October 28, 2025

Find out more

John Curtin Scholarship Program Organisation: Curtin University

Location: Australia
Value: See details
Open Date: June 3, 2025

Close Date: September 10, 2025

Find out more

AFTRS First Nations Scholarships

Organisation: Australian Film Television and Radio School

Location: New South Wales Value: Up to \$12,500 AUD Open Date: June 18, 2025 Close Date: October 28, 2025

Find out more

Ngarimu video and waiata composition competitions

Organisation: Ministry of Education | Te Tāhuhu o te Mātauranga

Location: New Zealand Value: Up to \$1,370 NZD Open Date: June 8, 2025 Close Date: August 3, 2025

Find out more

Country to Canberra Leadership Competition

Organisation: Country to Canberra

Location: Australia **Value:** See details

Open Date: June 25, 2025 Close Date: August 8, 2025

Find out more

10 jobs for sporty people

Are you looking for a career that keeps you active and engaged in the world of sport? You're not just limited to being a professional athlete - there are loads of exciting careers out there that combine your passion with fulfilling work. From supporting performance to reporting from the sidelines, here are ten jobs perfect for people who love sport.

Personal trainer

If you've ever been to the gym for the first time and needed a little guidance, you know the importance of a <u>personal trainer</u>. Whether you're helping gym newbies figure out equipment and workout routines or boosting the performance of professional athletes, personal trainers play a crucial role in the world of sport.

You'll help clients achieve their fitness goals by designing personalised workout plans and providing advice on exercise techniques and nutrition. You might work in gyms, fitness centres, elite clinics, or even as an independent consultant.

To become a personal trainer, you'll typically need a recognised fitness qualification - it can also help to obtain certification from a reputable training organisation.





Sports coach

Always been the type to take on a leadership role and enjoy supporting others? You could have the makings of a perfect sports coach. They work with teams or individual athletes to develop their skills, strategy, and performance in their chosen sport.

Coaches often have backgrounds as athletes themselves and typically start by coaching at youth or amateur level before moving up to higher levels of competition. This pathway lets you stay involved in the sport you love while also helping others reach their potential.

While previous playing experience is valuable, you can also start by undertaking a coaching qualification specific to your sport. These are typically earned through national sporting organisations.

Physical education teacher

We all remember that one inspiring PE teacher at school - they gave us lessons to look forward to and made sure we stayed active while providing valuable education. If you want to be that motivating individual for someone else, you could consider becoming a physical education teacher.

As a PE teacher, you'll inspire students to stay active and teach them about the importance of physical fitness and health. You can work in schools or community education centres, organising and leading all kinds of sports and fitness activities.

To become a PE <u>teacher</u>, you'll need a teaching or education degree with a focus on physical education, plus obtain teacher registration in your location.

Exercise scientist

Are you someone who's into both science and sports? Exercise scientists study how the body responds to physical activity and use this knowledge to help people from all walks of life improve their health and performance. Exercise scientists work in research, clinical settings, or with sports teams to analyse movement patterns, develop training programmes, and help prevent injuries. They might also conduct fitness assessments, design rehabilitation programmes, or research new training methods.

The most common pathway to becoming an exercise scientist involves studying a degree in exercise science, physiology, or another related field.

Sports nutritionist

If you're into sports, you probably already know that nutrition plays a massive role in athletic performance. Depending on their sport, athletes may need to maintain, gain, or lose weight, and as a sports nutritionist it would be your role to help them do this safely and effectively.

Sports nutritionists help athletes optimise their performance by designing nutrition plans tailored to their specific needs. You'll provide advice on diet, supplements, and hydration to ensure athletes are fuelling their bodies correctly.

A degree in nutrition or dietetics is typically required to enter this career, along with professional registration as a dietitian or nutritionist.

Sports journalist

Do you love reading about sports just as much as you like watching them? Want to engage with elite athletes and bring their stories to the public? If you love writing and have a passion for sport, consider a career as a sports journalist.

As a sports journalist, you'll cover sporting events, interview athletes, and write articles or create content for newspapers, magazines, websites, or broadcast media. Plus, you'll always be up to date on the latest sporting news and often find yourself on the sidelines so you never miss the action.

To become a sports journalist, a degree in journalism, communications, or media studies is usually required, along with strong writing skills and knowledge of sports.

Sports event manager

Are you the friend who's always organising activities? Do you love attending games and have excellent organisation skills? You could make the perfect sports event manager.

Sports event managers organise and oversee sporting events, from local tournaments to international competitions.





You'll handle logistics, marketing, sponsorships, and ensure events run smoothly. When you're watching an awesome sporting event or even the Olympics, know that the sports event managers behind the scenes play a major role in making it all possible.

Obtaining a qualification in event management or business is helpful to start in this career - you'll also need experience in organising events and strong project management skills.

Sports psychologist

Interested in psychology but don't want to step away from the world of sport? Sports psychology combines the two in a way that's incredibly important for athletes.

Sports psychologists work with athletes to improve their mental game, helping them manage stress, enhance focus, and overcome mental barriers. You'll play a crucial role in ensuring athletes perform at their best, and the job can extend to various settings like helping young athletes or working in clinical environments.

You'll need to obtain a degree in psychology followed by further specialist postgraduate study in sports psychology, plus professional registration as a psychologist.

Fitness instructor

While the sound similar, fitness instructors are slightly different from personal trainers - instead of working one-on-one, they lead group exercise classes such as aerobics, spinning, <u>yoga</u>, or Pilates.

Your job is to create fun and engaging workouts that help participants stay motivated and reach their fitness goals. If you're outgoing, excellent in groups, and love fitness, you might be perfect for this role.

To become a fitness instructor, you'll usually need a qualification or certification specific to the types of classes you want to teach, plus lots of hands-on experience.

Sports marketing specialist

Do you think you'd be good at promoting your favourite team or encouraging people to attend games? If so, sports marketing might be right up your alley.

Sports marketing specialists promote teams, events, and products. You might create marketing campaigns, manage social media accounts, and work on sponsorship deals to increase visibility and engagement.

If you want to pursue this career, a degree in marketing or sports management are essential. Strong communication skills and understanding of digital marketing platforms are also must-haves.

Want more career options?

Whether you're looking for inspiration or advice on building skills for your future career (sports related or not), there's lots more to explore on our website here.

How a gap year can build your work and life skills

For many students, the final year of high school can feel like a race to the finish line, with university or career plans immediately on the horizon. But it's also OK to take a step back and consider a gap year instead - in fact, it could be one of the most impactful experiences of your life.

Far from being time off, a gap year can be a chance to gain valuable experiences, skills, and insights to set you up for future success. Here's how taking a gap year can help boost your work and life skills, making you stand out in the professional world and beyond.

You'll gain real-world experience

During a gap year, you have plenty of time to find and internship, start volunteering, or gain work experience in fields that interest you. This hands-on experience can help you decide on a future study or career path, all while providing valuable skills that employers love (and the experiences and accomplishments to back them up). For example, if you're interested in teaching, you could <u>volunteer</u> with an educational organisation and teach overseas. If you see yourself working in healthcare, shadowing a medical professional or volunteering in a healthcare setting can give you insight into that field.

This hands-on experience demonstrates to future employers or admissions officers that you're proactive and committed - or it might help you clarify your options if you're still undecided.





You'll develop independence and self-reliance

Whether you're travelling, working, or volunteering, a gap year requires you to:

- Manage your time and finances
- Make important decisions
- Solve problems on your own
- Adapt to new situations

These skills are all crucial for success in study, work, and life, and can provide you with the tools you need to make a decision about your next steps.

You can boost your global awareness

If you decide to head overseas for your gap year (whether it's for work or just to sightsee), you could expand your world-view and build cross-cultural understanding. You might improve or gain new language skills, build your understanding of global issues, and become more adaptable and open-minded.

Employers and universities, particularly those with international connections, highly value candidates who possess these qualities.

You'll enhance your human skills

A gap year provides countless opportunities to really work on and gain essential human (or soft) skills such as:

- Communication
- Problem-solving
- Teamwork
- Resilience
- And more!

These skills are often just as important as academic knowledge in the job market. Not only that, they're also great skills to have for day-to-day life as well.

You'll stand out from the crowd

A well-planned gap year can make your university application or resume unique. It demonstrates initiative, maturity, a willingness to step out of your comfort zone, and the perseverance to learn and adapt. These qualities could really set you apart from other applicants and improve your chances of successfully landing a place or position.

Admissions officers and employers often appreciate candidates who have taken the initiative to gain practical experience and personal growth outside the traditional academic pathway.

You can expand your network beyond the classroom

During your gap year, you'll meet heaps of new people without even trying. Depending on what you choose to do, they could be:

- Fellow travellers
- Mentors
- Industry professionals
- Community leaders

These connections can be valuable for future opportunities - a professional contact from a gap year internship could help you find a job after graduation, or a friend you met volunteering abroad might provide a reference for a scholarship. Expanding your network through meaningful experiences can open doors that you may not have access to otherwise.

It can help you recharge and refocus

Had enough school for now? Simply taking a break from formal education can be a great way to avoid burnout while discovering new passions. In fact, many students find they <u>return to study with a renewed enthusiasm and focus</u> after their gap year.

Learning how to <u>balance your life</u> is a valuable skill in itself - and prioritising your mental health and wellbeing is always important.





Final thoughts

While it might feel like you're stepping off the traditional path, the experiences and clarity you gain from a gap year could set you far ahead of your peers.

Just remember, the key to a successful gap year is having a plan. Research your options, set goals, and make the most of this opportunity to build your work and life skills.

You can <u>find more information about gap years on our website here</u> - including our gap year quiz, designed to help you decide if a gap year is right for you.

Mid-year study strategies to stay on track

Feeling a bit lost halfway through the school year? You're not alone. The mid-year slump is real, and it happens to the best of us. The excitement of starting fresh has worn off, holidays have disrupted your routine, and the end of the year still feels ages away. Now is the perfect time to reset and make sure you're heading in the right direction. With a few adjustments and some solid mid-year study strategies, you can stay on track and finish the year strong.

Check your progress

Before you can move forward, you need to know exactly where you are right now - you can't plan your route until you know your starting point.

Check your grades and progress

Log into your student portal and take an honest look at your current grades. Don't just glance at them and move on: really examine the patterns. Are there subjects where you're consistently struggling? Are there areas where you started strong but have been slipping? Make a list of your current standing in each subject and note any trends you spot.

Review your goals

Remember those goals you set at the beginning of the year? Dig them out and see how you're tracking. Are you on track to achieve what you hoped for? Do your original goals still make sense, or do they need adjusting based on what you've learned about yourself this year?

And even if you didn't set any formal goals, now's still a brilliant time to do so.

Identify what's working and what isn't

Be honest about your <u>study habits</u>, <u>organisation systems</u>, <u>and routines</u>. What strategies have been helping you succeed? What's been holding you back? This isn't about beating yourself up – it's about learning from experience and making smarter choices going forward.

Create a mid-year action plan

Now that you know where you stand, it's time to map out your path to success for the rest of the year.

Set realistic targets

Based on your current position, <u>set achievable goals for the remainder of the year</u>. If you're behind in maths, for example, your goal might be to improve your grade by one level rather than jumping straight to the top. Remember, sustainable progress beats dramatic changes that you can't maintain.

Prioritise your subjects

Not all subjects need the same amount of attention. If you're already doing well in English but struggling with chemistry, you know where to focus your extra energy. Create a priority list based on which subjects need the most work and which matter most for your future plans.

Break down big tasks

Those major assignments and exams coming up can feel overwhelming when you look at them as massive chunks. Break them down into smaller, manageable pieces with specific deadlines.

For example, instead of "study for chemistry final," try "review chapters 1-3 by Friday, complete practice problems over the weekend, and review chapter 4 by Tuesday."





Rebuild your study routine

Mid-year is the perfect time to refresh your study habits and fix any systems that aren't working.

Audit your study space

Take a fresh look at <u>where and how you study</u>. Is your study space still working for you, or has it become cluttered and distracting? Sometimes a simple reorganisation or change of scenery can make a huge difference to your focus and productivity.

Experiment with new techniques

If your current study methods aren't delivering results, now's the time to <u>try something different</u>. Maybe you've been relying heavily on reading and highlighting – consider adding active recall, practice testing, or teaching concepts to someone else. Mix things up and see what clicks.

Schedule regular review sessions

One of the biggest mistakes students make is only studying right before tests. Build <u>regular review sessions</u> into your routine so you're constantly reinforcing what you've learned. Even 15 minutes of review every few days can make a massive difference at exam time.

Stay motivated through the home stretch

Motivation naturally dips during the middle of the year, but there are ways to reignite your enthusiasm.

Connect your work to your future

Remind yourself why you're doing this. Whether it's getting into your dream university, pursuing a particular career, or simply proving to yourself that you can achieve your goals, keep that bigger picture in mind when the daily grind gets tough.

Celebrate small wins

Don't wait until the end of the year to acknowledge your progress. Celebrate when you improve a grade, master a difficult concept, or stick to your study schedule for a full week. These <u>small victories add up</u> and help maintain momentum.

Find your study tribe

Surround yourself with people who support your academic goals. This might mean forming a study group with classmates, finding a study buddy who keeps you accountable, or simply spending more time with friends who take their studies seriously.

Get help when you need it

There's absolutely no shame in asking for support – in fact, it's one of the smartest things you can do.

Talk to your teachers

Your teachers want you to succeed, and mid-year is an excellent time to check in with them. Ask for specific feedback on how you can improve, clarification on concepts you're struggling with, or advice on how to approach upcoming assignments.

Use available resources

Make sure you're taking advantage of all the support your school offers. This might include tutoring services, study groups, online resources, or academic counselling.

Consider outside support

Sometimes you need help beyond what's available at school. This could mean hiring a tutor, joining an online study community, or working with a mentor. There's no one-size-fits-all solution, so find what works for your situation and budget.





Look after yourself

Academic success isn't just about studying harder – it's about studying smarter and maintaining your wellbeing along the way.

Maintain healthy habits

Your brain needs proper fuel and rest to function at its best. Make sure you're getting enough sleep, eating nutritious food, and taking breaks from studying.

Manage stress effectively

Mid-year pressure is real, but chronic stress will hurt your performance more than help it. Find healthy ways to manage stress, whether that's through exercise, meditation, talking to friends, or pursuing hobbies you enjoy.

Keep perspective

While your studies are important, they're not everything. One bad test or assignment won't ruin your entire future, we promise. Keep things in perspective and remember that setbacks are opportunities to learn and grow, not reasons to give up.

Moving forward with confidence

The mid-year point isn't a time for panic - you still have plenty of time to make meaningful improvements. Remember, everyone's academic journey looks different. Some people start strong and maintain that pace throughout the year. Others need time to find their rhythm and peak later. Some have ups and downs that match the natural flow of the school calendar. All of these patterns are normal, and none of them determine your ultimate success.

The most important thing is that you're being proactive about your education. By taking the time to assess where you are and make a plan for moving forward, you're already ahead of students who just hope things will somehow work out on their own.

Find out more

Want more study and wellbeing tips? Check out our other resources here.

How to become a Meteorologist

Meteorologists are weather specialists, using science and algorithms to predict weather patterns and events. They track local weather, measuring things such as rain levels and wind, as well as larger weather events, such as heat waves and cyclones. They also provide advice and forecasting before and during natural disasters.

If you have a passion for science and maths, are a great problem solver, and want a job that can be unpredictable and varied, becoming a meteorologist could be right for you.

What skills do I need as a meteorologist?

- Excellent problem-solver
- Strong mathematical skills
- Analytical and critical thinker
- Good technology skills
- Adaptable and flexible
- Outstanding communicator
- Curious and inquisitive
- Can work independently and in teams

What does the job involve?

- Studying the physics and dynamics of the atmosphere
- Tracking developing weather systems and events
- Gathering data on weather conditions and making predictions
- Providing weather forecasts to the media and public
- Forecasting both short- and long-term weather patterns
- Deploying technology, such as radars and satellites, to obtain data
- Advising governments on disaster prevention and preparedness





Researching larger climate events, such as climate change

What industries do meteorologists typically work in?

- Professional, Scientific and Technical Services
- Education and Training
- Public Administration and Safety

What kind of lifestyle can I expect?

Most meteorologists work full-time, with part-time opportunities being quite limited. You can expect to work some overtime, particularly during natural disasters when weather monitoring becomes critical regardless of the time of day.

You can expect to earn an average salary throughout your career as a meteorologist, which can vary depending on your skills and experience.

Meteorologists typically work indoors in offices using computers, with some opportunities for fieldwork. Most meteorologists work in government, though there may be some opportunities in independent science and research labs too.

How to become a meteorologist

To work as a meteorologist, you first need to complete an undergraduate degree meteorology or science, with a strong focus in physics and mathematics.

You'll likely start in a graduate or junior position, completing on-the-job training and potentially further education before progressing to senior roles. Eventually, you might move into research or specialised roles.

What can I do right now to work towards this career?

If you're in high school and want to explore whether a career as a meteorologist is right for you, here are some steps you can take:

- Study Physics and Mathematics at school you'll need this key knowledge for both your degree and future career.
- Seek work experience in science or weather-related settings to see if you enjoy the work and start building contacts.
- Talk to a meteorologist about their day-to-day life, or watch videos and documentaries about careers in science and weather.

Where can I find more information?

- World Meteorological Organization
- The Bureau of Meteorology (Australia)
- Meteorological Service of New Zealand | Te Ratonga Tirorangi
- Met Office (UK)
- Met Éireann | The Irish Meteorological Service
- National Oceanic and Atmospheric Administration (US)
- Meteorological Service of Canada

Similar careers to meteorologist

- Climate Scientist
- Environmentalist
- Conservationist
- Physicist
- Computational Biologist
- Geologist
- Weather Reporter
- Wildlife Biologist