

WRTS MOORABB

2024 DECEMBER HOLIDAY PROGRAM

Fill in Expression of Interest here.



We Rock the Spectrum Kids Gym in Moorabbin offers a sensory-beneficial, group School Holiday Program for kids of ALL abilities. With an intense enhancement of our already vigilant hygiene standards and a controlled intake of up to 15 participants per session, our program offers days full of incredible structured classes, supervised play and sensory activities. There is something for everyone!

IN-GYM SESSIONS



4-12 year olds

Sessions are 3 hours in our OT Sensory Gym. The morning session is 9.00-12.00 and the afternoon session is 12.30-3.30. Each session includes the listed structured group activity, supervised play and social & chill out times. 1:3 + 1:1 Ratio Support options. A full day in the gym is available 9.00-3.30. [A full day may also include a walk to a local park, a movie on offer or time in our outdoor space.]

THU 19TH 12.30-3.30 Festive Season Craft THU 19TH 9.00-12.00 Snowballs FRI 20TH 9.00-12.00 Whimsical Wafers FRI 20TH 12.30-3.30 Festive Photo Cards Reindeer Chocolates Grinch Xmas Popcorn SAT 21ST 9.00-1.30 SAT 21ST 2.00-7.00 & Straw Stars & Xmas Movie SUN 22ND 2.00-7.00 Xmas Cookie Stack 💘 SUN 22ND 9.00-1.30 Xmas Tree Bead Deco MON 23RD 9.00-12.00 Xmas Tree Art Designs MON 23RD 12.30−3.30 Tasty Xmas Trees 🗶 TUE 24TH 9.00-1.30 Reindeer Food **CLOSING EARLY** & Xmas Bingo **WED 25TH CHRISTMAS DAY** AND THU 26TH BOXING DAY **CLOSED FOR HOLIDAYS** FRI 27TH 9.00-12.00 Festive Pops FRI 27TH 12.30—3.30 Festive Candle Transfers 🥵 SAT 28TH 12.30-3.30 Party Pastries SAT 28TH 9.00-12.00 DIY Jar Lantern SUN 29TH 9.00-12.00 Water Beads SUN 29TH 12.30-3.30 Sew-A-Star MON 30TH 9.00-12.00 DIY 2025 Calendar MON 30TH 12.30-3.30 DIY Partyware & Poppers TUE 31ST 9.00-1.30 NYE Party & Pinata **CLOSING EARLY**







WRTS MOORABBIN

2025

JANUARY HOLIDAY PROGRAM



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MON 6TH 9.00-12.00 Finger Painting €\12.30-3.30 Summer Slushies

TUE 7TH 9.00-12.00 Bubble Trouble 🌦 12.30−3.30 Bean Art 🚱

√ED 8TH 9.00-12.00 Weave a Coaster 🔎 12.30-3.30 Water Play

THU 9TH 9.00–12.00 Milkshake Masterpieces 🥍 12.30–3.30 Canvas Collage🕰

FRI 10TH 9.00—12.00 Sensory Wands 12.30—3.30 Silhouette Selfie 🕰

SAT 11TH 9.00–12.00 Personalise a Magnet

MON 13TH 9.00-12.00 Cupcake Deco 12.30-3.30 Wooden Name Garland

TUE 14TH 9.00–12.00 Water Play 🌦 12.30–3.30 Summer Beach Wind Chimes,

WED 15TH 9.00−12.00 Prin†making @\\ 12.30−3.30 Chew−ellery

FRI 17TH 9.00-12.00 Abstract Art (2) 12.30-3.30 Recycle Creations

THU 16TH 9.00-12.00 Walking Tacos 12.30-3.30 Ice Painting

SAT 18TH 9.00-12.00 Paper Cup Craft

MON 20TH 9.00–12.00 Choc Cloud Dough 🌦 🅸 12.30–3.30 Choc Fruit Pizzas

TUE 21ST 9.00-12.00 Colourful Fish Craft 间 12.30-3.30 Fluffy Slime

WED 22ND 9.00-12.00 Smoothie Station 12.30-3.30 Art Bots

THU 23RD 9.00—12.00 Soap Foam Play 🚃 12.30—3.30 Bubble Wrap Painting

FRI 24TH 9.00–12.00 Ice–cream Sandwiches 📜 2.30–3.30 Pinch Pots

SAT 25TH, SUN 26TH,



MON 27TH - NO PROGRAMS

ACTIVITIES



















COMBO SESSIONS 4-12 year olds

- COMBO DAYS are 6.5hrs long, for groups of 9 & 3 Coaches, that is, 1:3 support ratio.
- These days include a Half Day Outing + a Half Day in the Gym.
- Groups travel on the Mini Bus.
- These sessions include the listed structured group activity.
- There is an out-of-pocket excursion entry fee.
 - For safety reasons, a requirement for our Combo days is that children must be able to follow, and stay in the group.
- Please reach out directly to staff if you would like to try your child on a Combo Day and they are 1:1 Support. Sometimes participants can travel by car with their Support to allow greater flexibility.



Combo Day Session Times - 9:00AM-3:30PM. For safety reasons and to ensure we meet the needs of the children, only 1:3 Support is available in excursion settings. Children are required to be able to stay with the group, to be able to participate at each location for the time specified and be able to follow direction well. We require children to have attended in-gym sessions before joining us for the Combo Days and Full Day Excursions. Bus departs from and returns to We Rock The Spectrum Moorabbin - children are to be dropped off and collected from the centre. COMBO DAYS allow the children to have the best of both worlds - a half day play in the gym as well as half day community excursion, travelling by mini-bus. An out-of-pocket activity cost is required per excursion. This is the cost associated with entry to or participation in the activity that is not covered by NDIS and that anyone attending or participating in the activity, would be required to pay. We have tried out best to keep this to a minimum where possible.

MON 6TH JAN 9.00-3.30 Loaded Dough & Co and Pizza Planet

Foodies, prepare yourselves for the complete cooking and food experience!! You will start with making your own pizza at Pizza Planet, followed by baking your own loaded dough cookies and of course, eating them!! You will come away with your own box of hand-made deliciousness and full stomachs!! Let us know if you have dietary requirements.



WED 8th JAN 9.00-3.30 Picnic & Play by the Beach \$0

We will head to Mordialloc beach for some sandcastle building, beach games and a dip of our feet in the water. We will find a grass area to sit and enjoy our lunch before heading back to the gym for lots of sensory play. We should also be able to find a nearby playground to spend some time at.



FRI 10TH JAN 9.00-3.30 Village Cinema Experience \$25.00

We Rockers can take some time away from the heat and relax in the air conditioned cinema with their pals! Children can immerse themselves in the film and chill out before heading back to the gym for some sensory play. The movie will be selected closer to the date.



native Australian animals! If that wasn't enough, kids can also enjoy playing on the adventure playground, pirate ship, completing the mazes, splash park and even experience a tractor ride!



WED 15TH JAN 9.00-3.30 Only Mine Chocolate Factory

We will be experiencing one of 'Only Mine's' factory tours where we will be able to see exactly where chocolate comes from and how it is made. Of course there will be some taste testing too! Afterwards, we will enjoy lunch there at their cafe, offering us a gorgeous Wetland view.



FRI 17TH JAN 9.00-3.30 Splash Park

We Rockers are heading to Coles Fountain in Parliament Gardens. The fountain's curtains of cool water offering respite from the heat and a fun place to splash around with friends! The gorgeous lawn surrounding it will be a perfect place to enjoy lunch in the sun before heading back to the gym.



MON 20TH JAN 9.00-3.30 Oakleigh Rec centre \$8.00

We will be taking the kids to cool off from the heat in Oakleigh recreation centre's toddler pool and splash pad! Grab your swimmers and get ready to battle your fellow We Rockers in a splash fight!!



WED 22ND JAN 9.00-3.30 Zone Bowling & Laser Tag \$35.00

Fellow We Rockers can put their competitive spirit on display and take each other on to see who will be our 'We Rock Bowler' of the bowling alley with 2 full games and/or battle in laser tag. 20 minutes of Time Play + 250 power tickets! This also includes a \$10 cafe voucher!



FRI 24TH JAN Social Fair Cranbourne \$25.00

Get ready to experience Social Fair's GIANT playground with slides up to 15 meters high! Children will get to enjoy highly interactive and climbing focused fun. We will also tackle 18 fun and exciting mini golf holes! (each one tells a different story)





WRTS MOORABBIN





Teens!! Let's get going!! Our program is designed to inspire adventure and travel and give you opportunities to explore our wonderful state. Gather a friend or two and get them to join the fun! This time around our start time will be a bit later in the morning - 10am - as we've noticed you may like a little sleep in on the holidays!! You will also have the chance to enjoy the company of like-minded peers and practice being independent and building your confidence, all under our watchful and caring eye! Come along and join in the adventures!

COMMUNITY EXCURSIONS



12YRS-Young Adult

Sessions are ALL DAY outings into the Community beginning in the morning and finishing in the afternoon. The sessions are 6.5 hours in duration. 1:3 Support Options. Children will travel by mini-bus to the location. There is an out-of-pocket excursion fee.

Pick-up and Drop-off are available on request. Out-of-pocket may vary but not by a lot.

TUE 7TH JAN \$10 Emerald Lake 10.00-4.30

Time to head out of the city into the wonderful green space of Emerald Lake Precinct. We will take a ride on the paddleboats and wander around the township. A 15 minute walk on Lake Nobelius Loop Track, will have us ready for lunch where we will find a cool place to sit, eat and enjoy nature. Bring your bathers too as we will have some time to take a dip in the outdoor pool located right next to Emerald Lake!

THU 9TH JAN \$0 Melbourne Zoo 10.00-4.30

Melbourne Zoo never disappoints!! It doesn't matter how many times you have been there, there is always something new to discover. We will take a leisurely stroll around the zoo, stopping to enjoy some of the Keeper Talks on offer and making sure we visit everyone's favourite enclosure. In the event of hot weather, there is a small water area where we could cool off and splash around!

TUE 14TH JAN \$31.50 10.00-4.30 Arthurs Seat & Strawberry Farm

Teens, we will head down to our wonderful Peninsula, first to the strawberry farm to gather some of these delicious fruits, then to the Eagle in Arthurs Seat to enjoy a cable car ride up and down the hillside. Let's make sure we capture those spectacular views on camera!! BYO lunch on this day and we will find a nature spot to sit and eat,

THU 16TH JAN \$59.00 10.00–4.30 Melbourne Cable Park

Teens, challenge yourself to master the Aqua Fun Park. Bounce, slide and splash your way over the bridges, down the slides, onto the trampoline and through the barrel of doom. We will follow this up with an 18 hole round of mini-golf at the same location and somewhere in the middle there find time for snacks and lunch. This day will finish with an hour of chill time back at the gym.



TUE 21ST JAN \$ Warbuton Adv. 10.00-4.30

Let's explore all Redwood Forest has to offer. We will stroll through the cooler quieter climate of the forest, listen out for wildlife and take in the breathtaking and towering 90 year old Redwood Californian trees. Finally, we shall relax on the lawns for some lunch and perhaps even play an outdoor game or two.





THU 23RD JAN \$50 Cinema and Bowling 10.00-4.30

Enjoy the coolness of air conditioned comfort at Village cinemas with your pals! Follow this with a visit to the nearest Zone bowling for some healthy competition amongst your fellow participants.









WRTS MOORABBIN





NDIS FUNDING CATEGORY OPTIONS:



CORE: Assistance to Access Community, Social and Recreational Activities

04 102 0136 6 1 **Group Activities**

04 104 0125 6 1 **Access Community Social and Rec Activity**

04 210 0125 6 1 **Community Social and Recreational Activities**

CAPACITY BUILDING: Increased Social and Community Participation

Community Participation Activities 09 011 0125 6 3

09 008 0116 6 3 **Innovative Community Participation**

If you are PLAN MANAGED, you will need to double check your child's categories fall under one of the above areas. Please reach out to your Plan Manager and ask them which line item is most suitable to use. We will use the CORE Category - Group Activities most of the time. You should do this well before the start of the program as it can take some time to get a response. The above line items are those typically used for our programs. If they are not suitable, have your Plan Manager reach out to us as there are a few other line items which could be used.



<u>3Hr In-gym</u>

1:1 \$ 226.89

1:3 \$ 91.77

1:1 \$292.53 (Sat)

1:3 \$126.16 (Sat)

6.5Hr In-gym

1:1 \$474.51

1:3 \$181.75

6.5Hr Combo

1:3 \$212.91

6.5Hr All Day

1:3 \$212.91 + Travel Fee

We understand that illness can be unavoidable, however due to the nature of our small business the following cancellation policy, in line with NDIS quidelines, applies:

- Cancellation or no show within 48 hours of the session start time full session fee applies
- Cancellation between 2 days and 7 days of the session start time 50% of session fee applies
- · Cancellation outside of 7 days of the session start time no fee We will always try to replace your spot, in which case no fee will be charged for the cancellation.

PRICING INCLUDES:

Group Activity Face To Face 04_102_0136_6_1 Non Face To Face Support Provision 04_599_0136_6_1 **Centre Capital Costs 04_599_0136_6_1** Activity Based Transport 04_591_0136_6_1 (when applicable)

