



Circle of Security

MacKillop Family Services and Moonee Valley City Council Present **Term 4's Circle of Security Parenting Program 2026**

About

At times we can all feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

What you'll learn over the 8 week course:

- To understand your child's emotional world by learning to read the emotional needs
- To support your child's ability to successfully manage emotions
- To enhance the development of your child's self esteem
- To honour your innate wisdom and desire for your child to be secure

Details:

Who?

For parents living in the Western suburbs of Melbourne with children Birth to 6 yrs

Cost?

Free

When?

8 x Monday's 10am to 12pm, 26th of October to 14th of December 2026

Where? Djerring Flemington Hub.

25 Mt Alexander Rd, Flemington VIC 3031

Free child minding on site available. Babes in arms also more than welcome!



Register online or via the QR code today!



mackillop.org.au/programs/parenting-workshops



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