

## **Term 3, 2020**:

## **Bumps to Bubs – (Online Group)**

The Bumps to Bubs Group Program brings young mothers and mothers-to-be (up to 23 years) with babies 0-1 year together to support the journey of parenting. This group occurs weekly via Zoom to enable participants to come together for an activity and to gain information about baby development and parenting.

- Tuesday's from 1.30 – 2.00 p.m. / Online via Zoom

If you are interested in this online group, please contact Groups@bcyf.org.au for more information.

## **Bubs to Tots – (Online Group)**

The Bubs to Tots Group Program brings mothers and toddlers (1-2 yrs) together to support parents with knowledge and skills to enhance children's development. This group occurs weekly via Zoom to enable participants to come together for an activity and to gain information about toddler development and parenting.

- Monday's from 1.30 – 2.00 p.m. / Online via Zoom

If you are interested in this online group, please contact Groups@bcyf.org.au for more information.

## "DROP IN" parenting support service (BCYF) - (Over the Phone)

The "Drop In" parenting support service is available Tuesday, Wednesday and Friday over the phone. Parents with children 0-18 yrs are able to contact Amanda Dragt, Family Services Practitioner, BCYF on 0409 582 771.

- Tuesday - 9.00 - 12.00 pm / Wednesday - 11.30 - 4.00 pm / Friday - 11.30 - 1.30 pm.