# Newsletter

August 2022





# What's been happening...

We hope everyone had a lovely break for the holidays, Term Three has started in full force. The last two weeks have been busy, we found the children back to transforming the space into the world of their possible! First up in Week One, the children were excited to discover that Ashlee and Tash had set up some special time dedicated to learning all about the benefits of self-regulation following both our schools using Zones of Regulation. Using games to help facilitate group participation of our Zones of Regulation, our inquisitive audience were gently guided in the importance of reading their bodies using a daily tool we set up on an interactive chart at the beginning of each session and then proceed to the floor area where they will participate in five minutes mindful breathing to help relax the mind, body, and soul. We have found the children really benefit from this and settle into activities and play with a clear mind.

STEM, a fun approach to science, technology, engineering, and mathematics that emphasises innovation, problem-solving and critical thinking. From creating our own rollercoaster using only sustainable materials such as egg cartons, straws, paper plates and cups and tape to seeing what floats in different liquids, the children love to explore and further their knowledge experimenting. The curiosity of STEM has followed through with many magical moments of arts and craft, learning the active ingredients required to achieve a lava lamp, making cookie-dough pizza, setting raspberry jelly inside the shell of a watermelon which the children happily scooped out and devoured later and even how maths is used in cooking measuring the ingredient. Finally, beginning Week Two we have welcomed two new children to our service who have settled in wonderfully and formed budding friendships with all the children and educators. We look forward to welcoming more new faces to our OSHClub team.

# To enrol go to oshclub.com.au

Next page - Important dates and club information.

























## August 2022



# **Coming Up**



### Tash's last day

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Today Tash finished at the service to start a new job.



### **Ashlee finishing mornings**

Ashlee will be dropping mornings and a new staff member will be taking over but will still work afternoons until her maternity leave starts.



# Ashlee's last day

2nd of September will be Ashlee's last day as she starts Maternity Leave.



# **Cooking club**

Week One - Watermelon Jelly, the children worked together as a team to scoop the watermelon out for the Jelly to go inside.

Week Two - Cookie-Dough pizza, measuring all the ingredients and making a large cookie the children then added chocolate and marshmallows to make their cookie pizza.

# Science Squad

Week One - Science squad - STEM roller coaster as a group project the children made one large roller coaster.

Week Two - Lava lamps, each child was able to make their own in a plastic bottle. choosing their own colours and adding the correct amount of Ingredients.



























