



MARIST TRACK AND FIELD

Marist Primary Track & Field Age Championship Qualifying Standards

Track

	100m	200m	800m	1500m
10 Years	18.0	40.0	3:25.0	5:55.0
11 Years	17.0	35.0	3:10.0	5:50.0
12 Years	16.0	35.0	3:00.0	5:35.0

1500m – district qualifier only – NOT an Age Championship event

Jumps & Field

	Long Jump	High Jump	Shot Put	Discus
10 Years	2.75m	1.05m	4.75m	16.80m
11 Years	3.00m	1.10m	6.50m	17.75m
12 Years	3.25m	1.15m	5.00m	18.70m

Shot Put Weights – 10 Years 2kg, 11 Years 2kg, 12 Years 3kg

Discus – district qualifier only – NOT an Age Championship event
Discus Weights - 10 Years – 500g, 11 Years – 750g, 12 Years – 750g