

A quick guide to your *it's in the bag* donation

We are supporting the **Share the Dignity** charity who support women and children facing homelessness, poverty or escaping domestic violence. Our task this term is to gather as many items as we can to create as many "*It's in the Bag*" donations for those in need. We ask if you have any of the items from the list below, that you donate them to the **Library** or **Front Office**.

Bag Essentials

- ♥ shampoo & conditioner
- ♥ roll on deodorant
- ♥ toothbrush & toothpaste
- ♥ sealed packet of pads &/or tampons
- ♥ body wash or soap

All items included in the bag *must be new* and in *sealed packaging* for health and safety reasons.

Additional

Mum & Bub Bag Essentials

- ♥ maternity pads
- ♥ breast pads
- ♥ baby wipes
- ♥ dummies
- ♥ new born nappies
- ♥ baby shampoo
- ♥ baby wash
- ♥ nappy rash cream
- ♥ disposable nappy bags

Optional Luxury Items

- ♥ make up
- ♥ towel
- ♥ face wipes
- ♥ socks
- ♥ stationery
- ♥ small umbrella
- ♥ jewellery
- ♥ wet wipes
- ♥ books
- ♥ Teens might also like...
- ♥ gift vouchers
- ♥ scrunchies
- ♥ undies
- ♥ ear phones
- ♥ mask or sanitiser
- ♥ lip gloss
- ♥ tissues
- ♥ movie ticket

♥ *A handwritten note or card to give a personal touch to your special donation!*

Please do not include:

Pharmaceutical items (condoms, throat lozenges, paracetamol etc) | Razors/knives/scissors
Food or drinks | Spray deodorant/shampoo and other aerosols
Loose tampons and pads or unsealed menstrual cups

We kindly ask for your donations from the **1st of August** until the **12th of September 2024**



sharethe**dignity**

For more information, please visit
www.sharethedignity.org.au

or contact Ms Halpin at Mullauna College