

Contact Selandra Community Hub

7–9 Selandra Boulevard, Clyde North VIC 3978
03 9709 9615
selandrach@casey.vic.gov.au

 facebook.com/selandracommunityhub

 casey.vic.gov.au/selandracommunityhub

Office Hours

9.00 am – 5.00 pm, Monday – Friday
10.00 am – 4.00 pm, Saturday and Sunday

Contact City of Casey

03 9705 5200

NRS: 133 677 (for the deaf,
hearing or speech impaired)

TIS: 131 450 (Translating and
Interpreting Service)

caseycc@casey.vic.gov.au

casey.vic.gov.au

 facebook.com/CityOfCasey

 @CityOfCasey

PO Box 1000
Narre Warren VIC 3805

Selandra Community Hub Program



Community is at the heart of everything we do to create a welcoming, engaging facility that allows people to connect, belong, learn and play.

Visit casey.vic.gov.au/selandracommunityhub

Email selandrach@casey.vic.gov.au **or Phone:** 03 9709 9615



Children & Family

Little Seedling Playtime

Come and meet with other new parents and hang out in our baby friendly lounge area.

Mondays: 10.30 am – 11.30 am

Ages: 0 – 12 months

Cost: FREE

Contact: SCH 9709 9615 or selandrach@casey.vic.gov.au

Little Sprouts Playgroup

Come along to our fun playgroup for preschool children, parents and carers. Organised activities that you do with your child to engage and develop them.

Wednesdays and Thursdays:

10.00 am – 11.30 am

Ages: 0 – 12 months

Cost: \$7 per family, per day.

Contact: SCH 9709 9615 or selandrach@casey.vic.gov.au

Pop-Up Baby Playgroup

Drop into the Pop-Up Baby Playgroup and connect with other local families.

Thursdays: 1.00pm – 2.30pm

Ages: 0 – 12 months

Cost: FREE

Contact: SCH 9709 9615 or selandrach@casey.vic.gov.au

Lego Club



Calling all Lego enthusiasts and master builders! Selandra Community Hub introduces its very first Lego club for after-school play where children can make new friends and get creative.

Tuesdays: 3.45 pm – 5.00 pm (during school term only)

Ages: 5 – 12 years

Cost: FREE

Contact: SCH 9709 9615 or selandrach@casey.vic.gov.au

Shukokai Karate Clyde

Accredited instructors running karate classes for children in a fun and safe environment. Develop your child's confidence, discipline and overall fitness in a class where they will gain skills that will benefit them now and as they grow into young adults.

Tuesday, Thursday and Saturday

Ages: 3 – 6 years and 7 – 12 years

Contact: 0419 875 732 for details.

Little Kickers Casey



Little Kickers Casey offers fun and engaging soccer classes for children aged 18 months to 7 years old. **FREE** trials available!

Junior Kickers (2 years – 3.5 years)

Mondays: 9.15 am

Mighty Kickers (3.5 years – 5 years)

Mondays: 10.00 am

Contact: Coach Dylan 0421 494 003 casey@littlekickers.com.au

School Holiday Programs

Selandra Community Hub has affordable and fun activities for your family during each School Holidays. Grab a copy of the program on our website: casey.vic.gov.au/selandracommunityhub



Youth

Youth Hangout

Youth Hangout is a community-based program for young people and their families to participate in a variety of fun activities. Meet at the Hub.

Wednesdays: 3.30 pm – 5.00 pm (during the school term)

Cost: FREE





Health & Wellbeing

Selandra BUGS (Bicycle User Group)

Want to get back on a bike? Love riding but want company? We welcome all riders to join us in a safe, social riding group that is for all levels.

Saturdays: 8.00 am

Contact: SCH 9709 9615 or selandrach@casey.vic.gov.au

Post Pregnancy Workouts

Regular exercise after you've had your baby will strengthen muscles that have weakened during pregnancy. Come along to find out how to exercise safely and strengthen abdominal muscles. Bookings essential, please ring to register.

Thursday 15, 22 & 29 August

Contact: SCH 9709 9615 or selandrach@casey.vic.gov.au

Yoga

Join us Thursday nights as we explore ways to effortlessly use elements of meditation, mindfulness and mindset to live your best life.

First class is **FREE**.

Tuesdays: 7.30 pm – 8.30 pm

Contact: Beata 0433 281 875 esotericealthandfitness@gmail.com

Casey U3A – Qi-Gong

Slow gentle exercises practised in China for thousands of years for meditation, balance and concentration. The exercises range from breathing techniques through gentle repetitive movements to more difficult sequences involving concentration, balance and flexibility.

Thursdays: 10.00 am – 11.00 am

Contact: 9669 9732

Zumba

ZUMBA® Fitness is an aerobic fitness programme featuring movements inspired by various styles of Latin American dance and performed primarily to Latin American dance music. It is fun, easy, great calorie burner and suitable for all ages and levels. First class is **FREE**.

Wednesdays: 6.30 pm – 7.30 pm

Thursdays: 7.30 pm – 8.30 pm

Saturdays: 8.30 am – 9.30 am

Contact: Beata 0433 281 875 esotericealthandfitness@gmail.com

STRONG by Zumba

STRONG by ZUMBA® is a revolutionary high-intensity workout led by music to motivate you to crush your ultimate fitness goals.

Mondays: 6.30 pm – 7.00 pm

Contact: Beata 0433 281 875 esotericealthandfitness@gmail.com

Metafit

Metafit™ combines traditional bodyweight exercises with the latest HIIT training techniques to set the metabolism on fire!

First class is **FREE**.

Wednesdays: 7.30 pm – 8.00 pm

Saturdays: 9.30 am – 10.00 am

Contact: Beata 0433 281 875 esotericealthandfitness@gmail.com



Peninsula Community Legal Centre



Do you have a legal problem such as unpaid fines, family relationships, fear of your partner, and problems with police? We can help. Peninsula Community Legal Centre visits Selandra Community Hub every Tuesday to provide free legal assistance.

Tuesdays

Contact: Peninsula Community Legal Centre on 9783 3600.

Specialist Training and Counselling Services



We offer highly specialised counselling for anger, grief, trauma, anxiety, stress, depression, relationship issues and much more.

Thursdays

Contact: Dirk 0408 787 099 dirk@no2trauma.com.au



Learning & Development

Casey Academy Homework Club



The Casey Academy Homework Club gives young people a space to learn, enhance their literacy skills, develop relationships and call it their own.

Saturdays: 10.00 am – 11.30 am

Ages: Grade 3 – 12

Cost: FREE

Contact: SCH 9709 9615 or selandrach@casey.vic.gov.au

Studywise Learning Centre

Tutoring Primary and Secondary students in English, Mathematics, Physics, Chemistry and Biology. Specialised in preparation of Scholarship tests and Selective Entry School tests. Teachers are registered with VIT.

Mondays: 5.30 pm – 8.30 pm

Contact: Tej 0430 095 076 studywise.learning@gmail.com



Ideal Learning

Quality education by qualified teachers – we are committed to providing a safe, positive learning environment for our students to achieve their full potential. Tutoring available from Grade one to Year 12 (VCE), NAPLAN (Grade three, five, seven and nine), Scholarship Coaching, SEAL program (Grade five and six).

Sundays: 2.00 pm – 6.00 pm

Contact: Ravi 0402 656 271 ravikallunkal12@gmail.com

The Learning Space – Southern Migrant Resource Centre

The Learning Space provides participants with a welcoming, safe space to learn and develop their skills at their own pace. Each term the Learning Space will provide a variety of activities, including Conversational English, Sewing, Diet and Exercise and Employment skills training. Participants meet new people, whilst developing stronger links to the community.

Tuesdays (during school term)

10.00 am – 2.00 pm

Contact: Sharon 0432 101 415

The Cooking Collective – Southern Migrant Resource Centre

Are you a refugee or migrant and interested in a career in hospitality? Do you have a food handling certificate? Weekly kitchen operations training commencing in late June at the Hub.

Wednesdays (during school term)

10.00 am – 2.00 pm

Contact: Liz Currie 9767 1961 lizc@smrc.org.au

Wiser Driver Program

For all Seniors over the age of 55. Do you remember the last time that you read the Victoria's Road Rules? Would you like to refresh your knowledge of the Road Rules and discuss Road Safety issues with other older drivers?

Tuesdays: 10.30 am – 12.30 pm

Contact: SCH 9709 9615 or selandrach@casey.vic.gov.au



Toastmasters

Cranbourne Toastmasters club provides an enjoyable and supportive environment where members help each other to develop communication and leadership skills. Our club can help you reach your goals to become better at public speaking, communicate more effectively, develop your leadership skills and increase your self-confidence.

Second and fourth Wednesdays of the month: Arrive 7.15 pm for 7.30 pm – 9.30 pm meeting

Cost: First 3 meetings FREE, membership fees then apply.

Contact: Francine 0427 328 494 vppr-6684@toastmastersclubs.org

Casey U3A – Computer Forums

This will be a discussion / lecture around pending issues in computers and computer technology with demonstrations of solutions and/or plans of attack. Possible topics include; computer attacks (malware, ransomware or viruses), security dangers and how to avoid them, what and when to backup and why, and other issues as they arise.

Fortnightly Thursday:

10.00 am – 11.30 am

Contact: 9669 9732 for more info.



Arts & Culture

Winter Arts Voices – Community Choir



Would you like to be part of a community choir? Arts Access Victoria is running a **FREE** trial to gauge interest in an ongoing accessible arts program. No experience necessary. Requirements: adults living with a disability or mental health lived experience, connected to the City of Casey.

Thursday 20 June – 22 August
1.30 pm – 3.30 pm

Contact: 8640 6019
mpowell@artsaccess.com.au

Steps Performing Arts

Provides dance classes for pre-schoolers to adults, fostering community, creativity and a strong sense of fun. With age-appropriate music, costuming and choreography, and an approachable, family-friendly atmosphere, our emphasis is on providing holistic dance education. Styles offered: RAD Classical Ballet, Jazz, Tap, Contemporary and Hip Hop.

Saturdays

Contact: Rachelle 0405 846 668
info@stepsperformingarts.com.au

Bhangra and Gidda Dance

Join Casey Cultural Club for children and adults Bhangra and Gidda classes.

Saturdays: 4.30 pm – 6.30 pm

Cost: \$60 for term

Contact:
caseyculturalclubofficial@gmail.com

Dance Starz Performing Arts

Kinder gym classes incorporating jazz, ballet and singing as well as the popular acrobatics after school class.

Thursdays

Contact: Alicia Beriman
0400 877 368

Tiya's Dance Group

Our qualified dance instructors offer different dance styles including SriLankan, Bollywood, Western free style, hip-hop etc. We offer classes for both kids and adults.

Saturdays: 12.00 pm – 2.00 pm

Contact Tiya 0420 971 988
www.tiyadance.com.au



Community Life

Cuppa and Chat

Drop into this friendly and informal group for a cup of tea, cake and chat. Everyone welcome.

Tuesdays: 10.00 am – 11.00 am

Cost: FREE

Contact: SCH 9709 9615 or
selandrach@casey.vic.gov.au

Mosaic Magic

An art form that involves fitting small pieces of rock, tile, or glass together creating a pattern that may be abstract or representational. Making a mosaic can be fun – all welcome! Bookings essential, please ring to register.

Tuesdays: 11.00 am – 1.00 pm

Cost: FREE

Contact: SCH 9709 9615 or
selandrach@casey.vic.gov.au

Selandra Community Garden Meetings

Become a member to share our harvest for FREE. Free workshops on the third Saturday of the month.

Third Saturday of every month
9.00 am – 10.00 am

Cost: Membership fees

Contact:
selandracomunitygarden@gmail.com

Casey Bookworms

We come together to discuss, express our opinions and be inspired by a 'great' book. We choose old, new and interesting books from a range of genres. You are welcome to join us.

Last Wednesday of every month
7.00 pm – 9.00 pm

Cost: FREE

Contact: SCH 9709 9615 or
selandrach@casey.vic.gov.au

Making Strides Night Market

The Berwick Night Market at Selandra is packed full of atmosphere, always changing and evolving and simply a great place to laze away a couple of hours at the end of the week. Come and see what all the fuss is about.

Third Friday of every month
6.00 pm – 9.00 pm

Contact:
julie@makingstridesgroup.com





Faith Communities

Authorised Anglican Dinka Congregation

We are a Christian Anglican congregation aiming to educate and ground our children in Christian values and Dinka cultures.

Saturdays: 10.00 am – 12.00 pm
(children's programs)

Sundays: 2.00 pm – 5.00 pm
(church service)

Contact: Yuoang Alier 0470 216 914

Aspire Church

Aspire is a vibrant, contemporary church affiliated with the Australian Christian Churches. Offering a great kids program and refreshments afterwards.

Services every Sunday: 11.00 am

For details: www.aspire.church



Rinnah Ministries

We conduct church services in Sinhalese and Tamil language. We would love to greet you at one of our worship services and come together as a community. All are welcome. Come and worship the Lord with us.

Sundays: 6.00 pm – 7.30 pm

Filipino-Australian Seventh-Day Adventist Church

A community based program that promotes healthy lifestyle information and support and helps build family relationships and youth development.

Saturdays: 2.30 pm – 4.30 pm

Contact: Jezreel Locop
0452 511 204



Events

The Australian Ballet Education

Join The Australian Ballet Education team for a fun, creative dance workshop and professional performance.

Monday 8 July

Cost: FREE

Contact: SCH 9709 9615 or
selandrach@casey.vic.gov.au

PlayDaze

PlayDaze is a **FREE** playgroup for children aged 0 – 5 years. No bookings are required so just come along and have fun!

Thursday 19 September

9.30 am – 11.30 am

Cost: FREE



Winter Solstice Art Soiree

Selandra Community Hub presents a soiree to exhibit the work of local artists and features a community choir performance. Food and wine are available to purchase. A special night featuring live music, and an interactive art installation. Bookings essential, please ring to register.

Saturday 24 August

Contact: SCH 9709 9615 or
selandrach@casey.vic.gov.au