

Man Cave

- *Male mental health is important.*
- *Be grateful and have fun.*
- *The way and check in*
- *I liked the man cave because it made you think about life and really just think*
 - *it is good to share and it helped the people that didn't want to share.*
- *I learnt that there are heaps of people that care about me, support me and are trustworthy. I found that it is important to share how you are feeling, and ask for support if needed.*
- *I will remember the shout outs and how people acted very differently to normal.*
 - *Whatever is in the cave, stays in the cave*
 - *In Man Cave I could share things that I wouldn't share.*