





THE CYBER SAFETY PROJECT IN PARTNERSHIP WITH MT PLEASANT ROAD PRIMARY SCHOOL

# Cyber Safety & Wellbeing Parent Information Session

WEDNESDAY 14TH FEBRUARY 2024, 6:00PM - 6:30PM

## Learn, connect and play safe online

Children today love to play, connect and learn online. This session aims at providing parents and guardians with insights and important information about popular online experiences children are exposed to today. Building a positive and healthy family environment where digital use is encouraged, but managed effectively, can be a tough balance.

Throughout this session the Cyber Safety Project Team highlight important settings and parental controls that allow your child to navigate online tools independently and safely. You will uncover proactive tools and strategies for developing fundamental digital safety and wellbeing skills in your young people at home, including ways to seek help when things go wrong online.

### WHAT YOU WILL LEARN

- The Cyber Safety project methodology: Plan, Prevent & Protect
- Social networking trends and networking 101.
- Managing cyber bullying, help seeking strategies and resources.
- Parental controls & app privacy settings.
- Cyberbullying and help seeking strategies.
- Establishing and maintaining a safe digital environment in the home.

#### PROUDLY PRESENTED BY

#### THE CYBER SAFETY PROJECT



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Cyber Safety Project is a Certified Provider by the Office of the eSafety Commissioner

