

Kindness Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Nov. 11</p> <p><i>"Don't let any unwholesome talk come out of your mouths, but only what is helpful for building others up..."</i></p> <p>I will see if anyone is standing alone, and start a conversation with them.</p>	<p>Nov. 12</p> <p><i>"Those who are kind benefit themselves, but the cruel bring ruin on themselves."</i></p> <p>Take in any shopping bags or clean up the house for my family.</p>	<p>Nov. 13</p> <p><i>"But love your enemies, do good to them, and lend to them without expecting to get anything back..."</i></p> <p>Today, I will have a positive attitude to my siblings and family;</p>	<p>Nov. 14</p> <p><i>"Whoever is kind to the poor lends to the Lord, and he will reward them for what they have done."</i></p> <p>I will bring extra food in case someone doesn't have enough.</p>	<p>Nov. 15</p> <p><i>"Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience."</i></p> <p>I will read two chapters of the Bible.</p>
<p>Nov. 18</p> <p><i>"And do not forget to do good and to share with others, for with such sacrifices God is pleased."</i></p> <p>Today, I will share some food with my friends.</p>	<p>Nov. 19</p> <p><i>"...My unfailing love for you will not be shaken nor my covenant of peace be removed, says the Lord, who has compassion on you."</i></p> <p>Pray to God and say thank you to God for his ultimate kindness</p>	<p>Nov. 20</p> <p><i>"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."</i></p> <p>Pick up rubbish around my neighbourhood</p>	<p>Nov. 21</p> <p><i>"Therefore, as we have opportunity, let us do good to all people..."</i></p> <p>Smile to as many people as I can today</p>	<p>Nov. 22</p> <p><i>"...blessed is the one who is kind to the needy."</i></p> <p>Talk to a parent or carer about donating to charity.</p>
<p>Nov. 25</p> <p><i>"After all, no one ever hated their own body, but they feed and care for their body, just as Christ does the church."</i></p> <p>See if anyone is hurt or sad and do my best to help them.</p>	<p>Nov. 26</p> <p><i>"A hot-tempered person stirs up conflict, but the one who is patient calms a quarrel."</i></p> <p>Think about what I'm saying. Is it kind? helpful? Uplifting? If not, don't say it.</p>	<p>Nov. 27</p> <p><i>"Each of us should please our neighbors for their good, to build them up."</i></p> <p>Cook biscuits for someone</p>	<p>Nov. 28</p> <p><i>"Gracious words are a honeycomb, sweet to the soul and healing to the bones."</i></p> <p>Say thank you to as many people I can.</p>	<p>Nov. 29</p> <p><i>"She is clothed with strength and dignity; she can laugh at the days to come."</i></p> <p>Read a chapter from Proverbs in the Bible.</p>

<p>Dec. 2</p> <p><i>"Give thanks in all circumstances; for this is God's will for you in Christ Jesus."</i></p> <p>Make a list of all the things I'm thankful for.</p>	<p>Dec. 3</p> <p><i>"A gentle answer turns away wrath, but a harsh word stirs up anger."</i></p> <p>Write a kind message to someone at school.</p>	<p>Dec. 4</p> <p><i>"But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control."</i></p> <p>Draw the fruits of the spirit and write a way that I could show them.</p>	<p>Dec. 5</p> <p><i>"My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry."</i></p> <p>Let others talk instead of me, and really pay attention to what they have to say.</p>	<p>Dec. 6</p> <p><i>"Do to others as you would have them do to you."</i></p> <p>Cook something for someone.</p>
<p>Dec. 9</p> <p><i>"For great is his love toward us, and the faithfulness of the Lord endures forever."</i></p> <p>Help someone with schoolwork.</p>	<p>Dec. 10</p> <p><i>"Each of us should please our neighbors for their good, to build them up."</i></p> <p>Ask if we can do anything for others around us, like chores or just helping around the house.</p>	<p>Dec. 11</p> <p><i>This is what the Lord Almighty said: 'Administer true justice; show mercy and compassion to one another.'"</i></p> <p>Visit someone who is lonely.</p>	<p>Dec. 12</p> <p><i>"If you really keep the royal law found in Scripture, 'Love your neighbor as yourself,' you are doing right."</i></p> <p>Share the things you have with people around you.</p>	<p>Dec. 13</p> <p><i>"In a surge of anger, I hid my face from you for a moment, but with everlasting kindness I will have compassion on you," says the Lord your Redeemer."</i></p> <p>Don't say one mean word all day.</p>