

PE Overview (Reception)

Mr Georgaris will again take the class for one PE lesson a week. The main focus for term 3 will be on fundamental motor skills and movement activities. Students will be involved in the following :

Bean Bag Play:

Bean bag throwing and catching; throwing for distance; throwing for accuracy; throwing challenges; throwing relays and games.

Deck ring Play:

Deck ring throwing and catching; deck ring challenges; deck ring games.

Beach Bat Play:

Beach bat and bean bag partner activities and challenges.

Supporting and Balancing Challenges:

Balancing challenges; standing balances; walking balances; building bridges; balance and support challenges; partner supports.

Ball Play:

Ball rolling; ball throwing; ball catching, ball bouncing

Students are required to wear suitable clothing and footwear to all PE lessons to ensure their full participation.