

Water for life

Water is essential for all living things. Plants, humans and animals need water to live and grow.

Plants Water is essential for plants to be healthy and grow. Little plants live up to a season and trees can live for years. Plants grow in different seasons. Trees and other plants need water to grow.



Animals

Animals such as fish and lots of other animals need water.

Water is vital for animals to survive and live. Animals such as birds, fish and many other animals use water for home. You can not survive **without water**.

Humans

Water is essential for the growth and survival of humans. Water helps regulate body temperature. It protects body tissue and helps boost energy.

