

Positive Parenting Program

The Triple P – Positive Parenting Program is internationally acclaimed, and evidence based and was developed here in Australia at the University of Queensland.

Triple P is designed to give parents and carers the skills they need to raise confident, healthy children and build stronger family relationships.

At Berry Street we offer a range of delivery methods to meet the needs of each family, including:

Seminars

3x 1-hour ONLINE sessions for families with children aged 0- 12 years delivered in February 2021 (please see attached flyer or ask about upcoming seminars)

Primary Care

Brief 1:1 intervention for families with children aged 0- 12 years, with a focus on creating a parenting plan to assist parents in addressing specific parenting issues eg. managing screen time, toilet training, mealtimes, fears, bedtime routines, tantrums.

For more information please contact us on:

9450 4700 or triplep@berrystreet.org.au



