

# Newsletter for schools & other education settings

## FREE Q & A Panel Event @ The Royal Children's Hospital

The Asthma Foundation of Victoria, in partnership with **The Royal Children's Hospital and Royal Melbourne Hospital**, is very excited to announce that once again it will be holding a **FREE Q&A Panel Event** in June 2015.



This year's event will be focused on '*Managing Asthma and Allergy*'. An Expert Panel, consisting of respiratory and allergy specialists, will address key questions and concerns you may have in regards to asthma and allergies. The event is open to all ages, those recently diagnosed or with life-long struggles in managing their asthma and allergies.

The panelists will be available to answer all of your questions.

**Date: Sunday 28 June 2015**

**Time: 4pm to 6pm**

**Venue: Ella Latham Auditorium, Royal Children's Hospital, Parkville**

**Cost: FREE**

To register visit [asthma-and-allergy.eventbrite.com.au](http://asthma-and-allergy.eventbrite.com.au) or contact The Asthma Foundation of Victoria on [advice@asthma.org.au](mailto:advice@asthma.org.au) or 03 9326 7088.

## Asthma Education for Parents and Carers

A reminder that Asthma Foundations across Australia are able to provide free asthma education sessions to parents and carers.

These sessions can be conducted either at the school or at a convenient location for a group of parents or carers. For more information, please contact us on 1800-ASTHMA or [schools@asthma.org.au](mailto:schools@asthma.org.au)

## News from The Asthma Foundation of Victoria's Training Department



**We are a Registered Training Organisation**, which delivers accredited courses under the trading name of **Learn It. Live It.**

That's what we want people to achieve from our courses:

**LEARN** new skills and knowledge and help themselves and others.

**LIVE** a healthier life particularly in managing asthma, anaphylaxis and first aid emergencies.

To find out more about our nationally accredited training go to [www.learnitliveit.org.au](http://www.learnitliveit.org.au)

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This newsletter has information for each of the new target groups under the Australian government funded Asthma Child and Adolescent Program that funds training and resourcing for schools and their staff. Please share these as appropriate with your school community.

## You Care We Care campaign

Asthma Australia and the Asthma Foundations receive Federal funding to deliver improved care to people with asthma and their carers. To help ensure this vital service continues, we are asking parents of children with asthma to sign up to our You Care We Care campaign. Parents can register as Asthma Ambassadors to show their support.



Parents are also encouraged to share stories about their experiences looking after a child with asthma. This can be done by going to #breathingtogether on social media. These stories will be collated into a digital storybook and provided to the Prime Minister, Premiers/Chief Ministers and their Health Ministers in National Asthma Week (1-7 Sept), along with the list of Asthma Ambassadors from around Australia. We encourage stories about the successes as well as the challenges. Find more information on the Asthma Australia website.

## Asthma Kids

As reported in the last newsletter, a new online resource for all **primary** aged children will be available

soon. This resource provides asthma information for all children, with or without asthma, via 'Chester's asthma trail'.



Asthma Kids can be done at home (with a parent for younger children) as well as in classrooms. The site is interactive with students collecting blue balloons as they progress, leading to a certificate and going into a prize draw. Teachers will need to provide contact details at this point to comply with online requirements for children.

## Facebook page for young people with asthma

A new Facebook page has recently been established for 13-25 year olds with asthma. The page is titled Young People With Asthma – Australia. **Secondary** aged students (must be 13yo & over) and other young people can share their experiences, hear about latest developments and get tips on asthma management. Regular sessions will be held for young people to have their asthma questions answered by an asthma expert.



There will also be chances to provide input to our directions and resource development for this age group.