



Pittwater House

School Pathway Sport

ATHLETICS - PATHWAYS

Athletics - CIS Junior Championships

Date: 19 September 2023

Location: Sydney Olympic Park Athletics Centre, Homebush

The CIS Championships are our next pathway after HICES. Only the top three athletes per event, per age group per association are eligible to compete at CIS. The top three finalists at CIS will go on to compete at the NSW PSSA Championships from 25th to the 26th of October 2023.

Athletics CIS Senior Championships

Date: 19 September 2023

Location: Sydney Olympic Park Athletics Centre, Homebush

The CIS Championships is our next pathway following AICES. Only the top three athletes per event, per age group, per association are eligible to compete at CIS.

If your child would like to nominate to compete in the Hurdles event at the CIS Athletics Championships, please send their time, distance, place, and venue to the Sports Office by 30 August.

Athletics NSW All Schools Championships

Date: 23rd to the 25th September 2023

Location: Sydney Olympic Park Athletics Centre, Homebush

Age: All Seniors (16 to 19 years of age)

Registration: [2023 NSW All School Championships | Athletics NSW \(nswathletics.org.au\)](https://www.nswathletics.org.au/2023-nsw-all-school-championships)

Date: 6th to the 8th October 2023

Location: Sydney Olympic Park Athletics Centre, Homebush

Age: All Schools Juniors (12 to 15 Years)

Registration: [2023 NSW All School Championships | Athletics NSW \(nswathletics.org.au\)](https://www.nswathletics.org.au/2023-nsw-all-school-championships)

The NSW All Schools is the State Track and Field Championships for Primary and Secondary School students, incorporating students from all sectors of the education system, including Government, Catholic and Independent. There is no entry level, all athletes of any ability may compete.

TENNIS PATHWAYS

Tennis AICES U15 Championships

Nominations Due: 7 November 2023

- Date U15 Girls: 23 November 2023
- Date U15 Boys: 24 November 2023

A maximum of 40 players within the AICES Association will be admitted to the draw. AICES will select the top 40 players based on their UTR.

ULTIMATE FRISBEE

Ultimate Frisbee CDSSA Gala Day

Nominations Due: 24 September 2023

Date: 31 October 2023

Students in Years 7-12 that would like to attend the CDSSA Ultimate Frisbee Gala Day on 31 October 2023 can nominate to trial for the U15s or Opens team.

Basic playing experience is required.

If your child would like to learn how to play Ultimate Frisbee, we are running an Ultimate Frisbee Academy on Monday afternoons from 3:30 to 4:30pm on the School Oval.

School Sport Reports

ATHLETICS

HICES Athletics Championships - 29 August 2023

We're thrilled to share the fantastic news from the recent HICES Athletics Championships, held at the Sydney Olympic Park Athletics Centre on August 29, 2023. This event was a testament to determination, sportsmanship, and outstanding performances by our talented athletes.

First and foremost, a heartfelt congratulations to the 50 students who proudly represented Pittwater House at the HICES Athletics Championships. Their unwavering dedication and commitment have brought us immense pride.

An inspiring aspect of the event was the overwhelming support among our students. The cheers and encouragement displayed among our young athletes exemplify the strong sense of community and teamwork at Pittwater House School.

We extend our gratitude to the families who came out in full support of our athletes. Your presence played a significant role in our students' success, and we appreciate your unwavering support.

Exciting news awaits as several exceptional athletes have earned the privilege to represent HICES at the upcoming CIS Junior Athletics Championships on September 19, 2023. Our warmest congratulations to these students:

1. Sinclair (P6) - Long Jump and High Jump
2. Monroe (J3) - 1500m Run
3. Sofia (J5) - High Jump

4. Jessica (J4) - 800m Run
5. Max (P6) - High Jump, Long Jump, and 200m Sprint
6. Billy (P6) - Discus
7. Madison (J5) - 100m Sprint and 200m Sprint
8. Nina (J5) - High Jump

Your hard work and dedication have paid off, and we wish you the best of luck in the upcoming championships.

We also want to recognise and congratulate the students who achieved remarkable top-five placements at HICES:

- Isabelle (J4) - 4th place in High Jump
- Matilda (J3) - 5th place in Shot Put and Discus
- Annie (J5) - 4th place in Discus
- Miles (P2) - 5th place in 100m Sprint
- Austin (P4) - 4th place in 800m Run
- Sinclair (P6) - 4th place in Shot Put
- Charlie (P5) - 5th place in Discus
- 1500m Run - Alastair (P4) placed 2nd and Austin (P4) 3rd in the 8-10 Year Boys Event, Mae (J5) placed 2nd in the 11 Year girls event and Iman (J6) placed 3rd in the 12-13 Year Girls event.

Once again, congratulations to all our athletes, and best of luck to those competing at the CIS Junior Athletics Championships. Your achievements inspire us all, and we are excited to see what the future holds for each of you.

CDSSA Athletics Championships

On Thursday 24 August, a remarkable group of 98 students from Pittwater House participated in the CDSSA Athletics Carnival held in Kensington. Describing our students as simply amazing would be an understatement, as the results below will demonstrate not only their competitiveness but also their unwavering support and encouragement for one another.

Throughout the day, our athletes earned an impressive tally of 53 first-place ribbons, 38 second-place ribbons, and 10 third-place ribbons, in addition to producing three Age Champions: Jocelyne in the 12-year girls' category, Billy in the 12-year boys category, and Ruann in the 16-year boys category.

Furthermore, our talented students shattered a total of six CDSSA records during the event.

1. Ruann - 16 Years Boys Javelin setting a new record of 58.22m (old record 48m)
2. Max – 14 Years Boys 800m setting a new record of 2:12.61 (old record 2:22)
3. Max – 14 Years Boys 1500m setting a new record of 4:36.52 (old record 5:17.60)
4. Billy – 12 Years Boys Discus with a new record of 23.54m (old record 21.18)
5. Harvey – 13 Years Boys 400m with a new record of 1:00.88 (old record 1:06.50)
6. Ruby – 18 Years girls 1500m with a new record of 5:36.00 (old record 5:53.83)

Among the 11 schools that participated in this carnival, Pittwater House emerged as the undisputed overall champion, boasting a commanding lead of over 800 points, accumulating a grand total of 2,633 school points.

Thanks to the outstanding achievements at the CDSSA carnival, an impressive total of 61 students have successfully secured their spots in an astounding 101 events for the upcoming AICES Athletics carnival. Congratulations to all our athletes, and best of luck as you prepare to represent our school at AICES!

NETBALL

CIS Netball Change Day

On Monday 28 August, Molly (C11) and Ruby (C9) actively participated in the CIS Netball Challenge Day. This event brought together teams representing six Independent Associations from various parts of New South Wales. The players weren't just representing their respective Associations; they were also vying for coveted positions in the CIS Open girls and U15 Teams.

Molly showcased her skills as a member of the AICES Opens Team, while Ruby demonstrated her talents in the AICES U15 Team. These AICES teams proved to be exceptionally formidable, achieving a remarkable milestone in AICES history as both teams clinched the CIS Championships on the same day.

Following the conclusion of the championships, CIS organised Possibles and Probable's sessions to determine the composition of their CIS team. It is with immense pride and congratulations that we announce Ruby's selection as a Goal Attack for the CIS U15 Team. Her dedication and prowess have truly paid off, and she is poised to excel in this prestigious role.

PISA SPORT

Senior Girls Soccer

ON Friday 11 August, the Senior Girls Soccer team played two 18-minute matches, the first against Oxford Falls Grammar and the second against Galstaun College.

Oxford Falls were a seasoned team, prepared to put their bodies on the line to win the ball. However, Pittwater House were able to match this intensity and competed with class. Unfortunately, an individual goal scored against us resulted in defeat 0-1.

In our second match we took on Galstaun College. We came out firing and played with great cohesion. "Control" and "Vision" were the goal for this match, and we really delivered. Our passes combined and we found the space to score some incredible team goals. Our finishers were Leyla, Queenie and Violet. We won 3-0. Congratulations girls.

SNOWSPORTS

Snowsports State Championships

Please join us in celebrating the remarkable achievements of **Darcy (J5)**, **Vesper (C7)**, and **Elise (C7)**, who have earned their place to represent Sydney at the NSW/ACT/QLD State Snowsports Championships in Perisher. Let's shower them with best wishes as they take on the State Championships!

Monday 21 August: Elise competed in the slopes for the Div 3 Slopestyle Snowboard event.

Tuesday 22 August: Darcy competed in the Div 4 Snowboard GS event and Elise competed in the Div 3 Snowboard Cross event.

Wednesday 23 August: Elise and Vesper competed in the Div 3 Snowboard GS competition. Darcy competed in the Div 4 Snowboard Cross event.

A special shoutout also goes to Ben (G11), who has qualified to compete in the Div 1 Snowboard GS and Snowboard Cross events. Despite his impressive qualifications, Ben has made the admirable decision to prioritise his education and will not be attending the event in order to be present at school.

Let's show our support and congratulate these incredible athletes, including Ben's dedication to his studies!