



# HEAD OF YEAR 12 *Newsletter*

Michael Clarke

Dear Parents and Guardians,

Welcome to Term 2 of your young person's final year of school. Whilst it's already been a busy year for families, it is important our students are continuing healthy to support their wellbeing. Encourage your child to maintain their routines in regards to school work and leisure to support intrinsic motivation in their schooling. A great dinner table conversation can be to discuss and to revise their goals and vision for life after school.

## Contacting Staff

Many unexpected things happen over the year and it's important to me that you know who you can contact to acquire support for any queries you may have. For specific curriculum area inquiries (e.g. Arts subject), please contact the relevant HOD of that area. Their contact details can be found on the school website ( <https://thegapshs.eq.edu.au/our-school/our-staff>). For social/emotional concerns, please contact Kelsea Thompson (Yr 12 Guidance Officer) or myself. If you are ever unsure on who to contact, feel free to contact me via phone or email([mclar445@eq.edu.au](mailto:mclar445@eq.edu.au)) and I can help direct you to the appropriate staff member from there.

## Senior Tutorials

support for any queries

## Senior Jerseys

Senior Jerseys arrived this week and I would like to thank the work of the member in the Jersey Committee who played a vital role in the design from start to finish. Their contributions have led to a fantastic design that was delivered to students this week.

## 2025 Formal

Thank you for patience during the last term as the Formal Committee and I have been working to find a venue and date for 2025. We'd like to confirm that 2025 Formal will be taking place on August 12 at the Star Casino. Whilst the Committee and I are still finalising details, we will be looking to distribute more detailed information in the coming weeks.



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## Maintaining Healthy Habits and Being Kind

The final year of schooling can challenge any young person's ability in time management. When things get busy, often it can be the simple things that we lose focus on. Sleep and physical activity are often those that are the first to go downhill. Keeping

Dr Michael Carr-Gregg delivers some fantastic shorts can highlight the importance of maintaining these facets of our lives and how we can support our kids.

Sleep <https://thegapshs.eq.schooltv.me/newsletter/sleep>.

Physical Activity and Exercise - <https://thegapshs.eq.schooltv.me/newsletter/physical-activity-exercise>.

However, as we know as parents, to juggle these items ourselves can be challenging. In line with our theme for this term of Being Kind, we should also encourage our young people to be kind if or when they struggle to maintain the balance. Forgiveness is a core tenet of Being Kind and navigating difficult times is a constant act of negotiation. Doing our best is all we can ask.

TERM 2

BEING KIND

Throughout the term, students have been and will continue to engage with our Being Kind theme, with particular focus on Prudence, in encouraging careful decision making and risk awareness. With our Road Safety presentations, we recognise the shared responsibility we have for the safety of not just ourselves but all on the road. We can not only help our young people stay safe, but also nurture a culture of compassion.

Kind Regards

Michael Clarke