

PARENTING BY CONNECTION STARTER CLASS

6 WEEKS OF SUPPORT, IDEAS AND INFORMATION

Parenting by Connection supports parents in the vital work of raising children; it is an evidence-informed approach, aligned with current neuroscience and psychology research. It is backed by over 40 years of experience, and the fundamental cornerstone is a simple one - listening. Parenting by Connection supports parents to make empathy and connection their go-to response for challenges in their lives, while giving them confidence to set the limits their children need. Suitable for parents of children of all ages.

EVENT DETAILS

Where?	Fremantle Women's Health Centre, 114 South Street, Fremantle
When?	Fridays 10am- 12.30pm Commencing Friday 22 nd October 2021 for 6 weeks – you must be able to attend all six sessions.
Cost?	Free. Tea, coffee and biscuits provided.

REGISTRATION or FURTHER INFORMATION

Please contact Belynda Smith to register or for more information on this event **P:** 93312211 **E:** <u>Belynda.smith@meerilinga.org.au</u>



Supported by



