



## Free event for parents and carers of primary school children:

### Coping and managing anxiety at primary school

**Please join us for light refreshments and engaging and useful information from our expert guest speakers:**

- **Dr Michael Carr-Gregg**, one of Australia's most prominent child and adolescent psychologists.
- **Jessica Homicki**- Uniting Vic Tas's School Attendance Support Program (SAPS) Team Leader. Jess is a social worker with over 10 years experience in supporting children and families.
- **Dr Jodi Richardson**- Dr. Jodi Richardson is a renowned speaker, author, and wellbeing expert, specialising in empowering students, educators, parents, and school leaders to manage anxiety, reduce stress, and enhance wellbeing.

Our expert panel will answer any of your questions.

### Event details

**Date:** Tuesday 13 th May

**Time:** 5.30 pm - 7.00 pm

2025

**Where: Cranbourne West**

**Community Hub** 4 Flicka Blvd,

Cranbourne West VIC 3977

Plenty of parking onsite

**Register:** Scan the QR code

Registrations close: Tuesday May 6th 2025

