



Parenting Information Forum

Supporting Parents, Grandparents and Carers



IMPORTANCE OF PLAY IN CHILDHOOD DEVELOPMENT (BIRTH TO AGE 7)

In an ever changing and risk-averse world, our society is becoming increasingly fast paced. As a result, children's spontaneous play is being replaced by more structured indoor activities, which can contribute to children's increased anxiety and challenging behaviour.

Play encourages children to learn the skills required to build resilience and effectively manage their emotions, behaviour and relationships with others.

This forum will help you to:

- Understand the importance of social and emotional learning

- Manage risks rather than eliminate them
- Provide environments that promote resilience and self regulation in children
- Understand the benefits of play as the foundation of lifelong learning.

Presented by Louise Dorrat, who has taught the Bachelor of Early Childhood Education at a number of universities and is delivers the State Government program "Transition: A positive Start to school" to kindergarten and foundation teachers across Victoria.

DATE

Wednesday 18 March

TIME

Registration and tea and coffee from 7pm.
Information session commences at 7.30pm sharp

VENUE

Whitehorse Centre, 397 Whitehorse Road,
Nunawading (rear of Nunawading Library)

BOOKINGS

Registering your attendance is essential.
Please book online on Council's website,
www.whitehorse.vic.gov.au

COST

\$2 gold coin donation payable on the night.

OTHER INFORMATION

To request additional access support including interpreting please contact Council's Parenting Resource Officer on 9262 6175 or parentresource@whitehorse.vic.gov.au

Please note we are unable to accommodate children in this forum.

