

The sports program at St Patrick’s primary offers many opportunities for students to participate and excel in sports. The 3 main sporting events in the school calendar is the Swimming carnival, usually held in the first 2 weeks of Term 1, the Cross Country usually held in the last week of Term 1 and the Athletics carnival usually held in the last week or 2 of Term 2. The school carnivals are an opportunity for all students to get involved and participation in as many events as possible is encouraged. Students compete for their sports house, ether red or blue, and a house winner for each carnival is announced at the completion of the day. Students compete in age groups, based on the year that they are turning that year (not their age on the day of the carnival). So, if your child is turning 7 this year, they will compete in the 7 year age group irrespective of what time of the year they turn 7. Only children aged 8 years and above can compete at Diocesan level, but the school carnival has events for all students.

Following the school carnival students who have placed in the top 1 or 2 in an event, and have met the qualification standard necessary, will be invited to represent St Patrick’s Primary at the Diocesan level. Qualification information for events is stated below relative to each event. Winning a race at the school carnival does not necessarily mean that your child will be selected for the Diocesan carnival.

From the Diocesan level students compete to represent the Armidale Diocese at the Polding Carnival. For sport Catholic primary schools in NSW are divided into 2 halves Polding and Mackillop. St Patricks Walcha is part of the Armidale Diocese, and part of the Polding pathway. Below is a list of all other schools and Dioceses included in Polding. There a lot of schools and students and is a high level of competition.

At this level, students compete to gain selection to represent Polding at NSW PSSA. At this levels all schools throughout NSW come together to compete. There are 11 public school regions, 2 catholic school regions and Combined Independent Schools (CIS). At this carnival, students compete for the opportunity to represent NSW at a National All School level. This is highest level of competition for primary school students and is only available for students aged 10 years and above.

In summary the pathway for progression in primary sport at St Patrick’s is

1. School Carnival
2. Diocesan Carnival
3. Polding Carnival
4. NSW PSSA
5. National Primary All Schools



**SWIMMING**

The swimming carnival is usually held in first few weeks of Term 1 to allow enough time for entries to submitted for those selected to compete at the Diocesan level.

Events are conducted in both boys’ and girls’ divisions. Age divisions are: 5 years, 6 years, 7 years, 8 years, 9 years, 10 years, 11 years, 12 years & 13 years

The age divisions are broken into Juvenile: 5 years, 6 years & 7 years. Junior: 8 years, 9years, 10years; 11 years and Senior: 12 years, 13 years.

Children can elect to swim either 25 metres or 50 metres in their age races and there is also across the pool races for those not yet ready to swim 25 metres.

Events are conducted in both boys and girls’ divisions. –

50 metres Freestyle: 6 years, 7 years, 8 years, 9 years, 10 years, 11 years, 12 years, 13 years.

100 metres Freestyle: All age event

50 metres: Breaststroke- Junior Division; 11years; 12/13 years

50 metres: Backstroke- Junior Division; 11years; 12/13 years

50 metres: Butterfly - Junior Division; 11years; 12/13 years

4x50 metres Individual Medley Junior, Senior

4x50 metres Relays: Junior, Senior

Below are the current St Patrick’s Primary records, current at January 1, 2023

|  |  |  |  |
| --- | --- | --- | --- |
| **Event** | **Name** | **Time** | **Year** |
| **Freestyle** |  |  |  |
| 100m Jnr Boys | C O'Gorman | 1.39.31 | 1994 |
| 100m Jnr Girls | M Watts | 1.38.84 | 1991 |
|  |  |  |  |
| 100m 11Yr Boys | Josh Mackaway | 1.40.81 | 2009 |
| 100m 11Yr Girls | Cecilia Greig | 1.28 | 2016 |
|  |  |  |  |
| 100m Senior Boys | N Watts | 1.28.97 | 1991 |
| 100m Senior Girls | Nicola Armstrong | 1.27.47 | 2007 |
|  |  |  |  |
| 50m 8 years - Boys | Will Hall | 54.82 | 2016 |
| 50m 8 years - Girls | M Watts | 59.92 | 1990 |
|  |  |  |  |
| 50m 9 years - Boys | C O'Gorman | 48.72 | 1993 |
| 50m 9 years - Girls | L Hobbs | 50.82 | 1990 |
|  |  |  |  |
| 50m 10 years - Boys | C O'Gorman | 44.58 | 1994 |
| 50m 10 years - Girls | L Hobbs | 44.49 | 1991 |
|  |  |  |  |
| 50m 11 years - Boys | N Watts | 38.28 | 1991 |
| 50m 11 years - Girls | Cecilia Greig | 36.26 | 2016 |
|  |  |  |  |
| 50m 12 years - Boys | Jack Power | 37.44 | 2018 |
| 50m 12 years - Girls | M Sturgess  | 38.55 | 1990 |
|  |  |  |  |
| 50m 13 years - Boys | D Lord | 46.82 | 1987 |
| 50m 13 years - Girls |  |  |  |
|  |  |  |  |
| **Breast Stroke** |  |  |  |
| Junior Boys | Jack Power | 1.04.09 | 2016 |
| Junior Girls | Sasha Macarthur Onslow | 1.05.50 | 2019 |
|  |  |  |  |
| 11 Years Boys | Sam Timbs | 56.97 | 2017 |
| 11 Years Girls | Ella Lynch | 56.22 | 2020 |
|  |  |  |  |
| Senior Boys | Sam Timbs | 53.66 | 2018 |
| Senior Girls | S Hobbs | 53.79 | 1989 |
|  |  |  |  |
| **Back Stroke** |  |  |  |
| Junior Boys | Charlie Morgan | 54.3 | 2017 |
|  |  |  |  |
| Junior Girls | S Blake | 57.68 | 1987 |
|  |  |  |  |
| 11 year Boys | Hunter Thornbury | 57.78 | 2020 |
| 11 Year Girls | Tempe Macarthur Onslow | 53.97 | 2018 |
|  |  |  |  |
| Senior Boys | Jack Power | 50.25 | 2018 |
| Senior Girls | M Sturgess | 47.37 | 1990 |
|  |  |  |  |
| **Butterfly** |  |  |  |
| Junior Boys | E Bloomfield | 1.02.43 | 1990 |
| Junior Girls | L Hobbs | 54.58 | 1991 |
|  |  |  |  |
| 11 years boys | Charlie Morgan | 1.11.59 | 2019 |
| 11 years Girls | Cecilia Greig | 48.66 | 2016 |
|  |  |  |  |
| Senior Boys | N Watts | 52.44 | 1990 |
| Senior Girls | M Sturgess | 49.3 | 1990 |

As mentioned previously winning your age race does not automatically qualify a student to represent the school at diocesan level, the qualifying time for the Diocesan Swimming carnival are:

Updated 2nd June, 2020

EVENT DISTANCE BOYS GIRLS

FREESTYLE 100M 1:30.00 1:30.00

50M 8 Years 1:07.00 1:07.00

50M 9 Years 59.30 59.30

50M 10 Years 56.70 56.70

50M 11 Years 53.50 53.50

50M 12/13 Years 50.00 50.00

BREASTSTROKE

50M JUNIOR 1:00.00 1:00.00

50M 11 Years 55.50 55.50

50M 12/13 Years 52.50 52.50

BACKSTROKE

50M JUNIOR 1:06.50 1:06.50

50M 11 Years 1:02.60 1:02.60

50M 12/13 Years 1:00.50 1:00.50

BUTTERFLY

50M JUNIOR 55.00 55.00

50M 11 Years 48.70 48.70

50M 12/13 Years 46.90 46.90

MEDLEY 200M JUNIOR 4:15.00 4:15.00

 200M SENIOR 3:55.00 3:55.

**CROSS COUNTRY**

The school Cross Country is usually held in the last 2 weeks of Term 1, to give enough time for entries to be put in for Diocesan Cross Country which is usually held in the 1st few weeks of Term 2.

Events are conducted in both boys’ and girls’ divisions. Age divisions are: 5 years, 6 years, 7 years,8 years, 9 years, 10 years, 11 years, 12 years & 13 years

The age divisions are broken into:

Juvenile: 5 years, 6 years & 7 years

Junior: 8 years, 9 years, 10 years

11 years

Senior: 12 years, 13 years

AGE DIVISIONS AND DISTANCES:

Juvenile 5,6 &7 Years Girls 1km Boys 1km

8 & 9 Years Girls 2km Boys 2km

10 Years Girls 2km Boys 2km

11 Year Girls 3km Boys 3km

12 Years Girls 3km Boys 3km

13 Years Girls 3km Boys 3km

Up to 6 students can be selected per gender per age group to represent the school at Diocesan level, there is not a qualifying time to compete at the Diocesan Cross Country, however, the student must be able to run the distance, not walk, to compete at Diocesan level. At the Diocesan carnival, the top 6 runners in each race will be invited to represent the Armidale Diocese at the Polding Cross Country.

ATHLETICS

The school athletics carnival is usually held in the last 2 weeks of Term 2, to give enough time for entries to be put in for Diocesan athletics carnival which is usually held in the 1st few weeks of Term 3.

Events are conducted in both boys’ and girls’ divisions. Age divisions are: 5 years, 6 years, 7 years,8 years, 9 years, 10 years, 11 years, 12 years & 13 years

The age divisions are broken into:

Juvenile: 5 years, 6 years & 7 years

Junior: 8 years, 9 years, 10 years

11 years

Senior: 12 years, 13 years

Events are conducted in both boys’ and girls’ divisions.

**TRACK EVENTS**:

50 metres: 5 years, 6 years, 7 years,

100 metres: 8years, 9years,10 years, 11years,12 years, 13years.

200 metres: Junior, 11years, 12/13 years.

800 metres: Junior, 11years, 12/13 years.

1500 metres: Junior, 11years, 12/13years.

4 x100m Relays: Junior, Senior

**FIELD EVENTS:**

High Jump: Junior, 11years, 12/13years.

Long Jump: Junior, 11years, 12/13 years.

Shot Put: Junior (2kg), 11 years(2kg), 12/13 years(3kg)

Discus: Junior (500g), 11years(750g), 12/13years(750g)

Below are the current St Patrick’s Primary records, current at January 1, 2023

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| **TRACK EVENTS**   |
| **BOYS** |   |   |   | **GIRLS** |   |   |   |
| **Event** | **Name** | **Record** | **Year** | **Event** | **Name** | **Record** | **Year** |
| **50m** |   |   |   |  |   |   |   |
| **5 years** | T Brazel | 11.75 | 2003 | **5 years** | A Partridge | 10.94 | 1994 |
| **6 years** | M Harrison | 8.87 | 2012 | **6 years** | C Greig | 9.72 | 2011 |
| **7 years** | H Smith | 8.89 | 1991 | **7 years** | M Watts | 9.18 | 1989 |
|  |   |   |   |  |   |   |   |
| **100m** |   |   |   |  |   |   |   |
| **8 years** | W Hall | 16.47 | 2006 | **8 years** | C Greig | 16.84 | 2013 |
| **9 years** | J Maloney | 16.05 | 2006 | **9 years** | T Macarthur Onslow | 17.22 | 2016 |
| **10 years** | L Greig | 15 | 2012 | **10 years** | C Greig | 16.03 | 2015 |
| **11 years** | N Hobbs | 14.63 | 1989 | **11 years** | L Hobbs | 14.99 | 1992 |
| **12 years** | N Hobbs | 14.03 | 1990 | **12 years** | P Croft | 14.59 | 1989 |
|  |   |   |   | **13 years** | T Watts | 20.6 | 2003 |
|  |   |   |   |  |   |   |   |
| **200m** |   |   |   |  |   |   |   |
| **Juvenile** | H Smith | 36.5 | 1991 | **Juvenile** | M Watts | 37.44 | 1998 |
| **Junior** | J Goodridge | 30.41 | 1990 | **Junior** | E Rogers | 31.8 | 2006 |
| **11 years** | J Healey | 32.68 | 2019 | **11 years** | T Macarthur-Onslow | 34.97 | 2018 |
| **Senior** | N Hobbs | 28.54 | 1990 | **Senior** | E Sweeney | 28.5 | 2006 |
|  |   |   |   |  |   |   |   |
| **800m** |   |   |   |  |   |   |   |
| **Junior** | J Hoy | 2.44.91 | 1993 | **Junior** | A Rose | 2.56 | 1990 |
| **11 years/set** | J Healey | 2.54 | 2019 | **11 years** | A Patterson-Kane | 3.18.62 | 2022 |
| **Senior** | I Kerr | 2.39.30 | 1990 | **Senior** | A Rose | 2.52 | 1991 |
|  |
| **FIELD EVENTS** |
| **Shot Put** |   |   |   |  |   |   |   |
| **Juvenile** | M Harrison | 6.16m | 2013 | **Juvenile** | K Flack | 4.78m | 1988 |
| **Junior** | C Morris | 8.16m | 2006 | **Junior** | T Bird | 8.21m | 2018 |
| **11 years** | Zac Young | 8.87m | 2018 | **11 years** | C Cox | 6.37m | 2016 |
| **Senior** | A McHattan | 11.13m | 2001 | **Senior** | T Wall | 7.71m | 2006 |
|  |   |   |   |  |   |   |   |
| **Discus** |   |   |   |  |   |   |   |
| **Juvenile** | N Makeham | 15.49m | 2006 | **Juvenile** | E Fortescue | 12.05m | 2006 |
| **Junior** | M Harrison | 19.98m | 2016 | **Junior** | T Bird | 15.25m | 2018 |
| **11 years** | W Harrison | 19.82m | 2013 | **11 years** | E Powell | 13.09m | 2017 |
| **Senior** | W Harrison | 22.8m | 2014 | **Senior** | S Higgins | 14.84m | 2012 |
|  |   |   |   |  |   |   |   |
| **Long Jump** |   |   |   |  |   |   |   |
| **Juvenile** | C Scott | 2.95m | 1989 | **Juvenile** | K Jamieson | 2.7m | 1992 |
| **Junior** | J Goodridge | 3.75m | 1990 | **Junior** | L Hunt | 3.32m | 1990 |
| **11 Years** | M Harrison | 3.84m | 2017 | **11 years** | Cecilia G | 3.18m | 2016 |
| **Senior** | S Nivison | 4.43m | 2015 | **Senior** | K Croft | 3.89m | 1988 |
|  |   |   |   |  |   |   |   |
| **High Jump** |   |   |   |  |   |   |   |
| **Juvenile** | M Watts | 0.9m | 1987 | **Juvenile** | J Ireland | 1m | 1994 |
|  | A Levingston | 0.9m | 1996 |  |   |   |   |
| **Junior** | B Blomfield | 1.1m | 1989 | **Junior** | S Megahey | 1.11m | 1991 |
|  | S Megahey | 1.1m | 1988 |  |   |   |   |
|  | A Greig | 1.1m | 2011 |  |   |   |   |
|  | R Fletcher | 1.1m | 1995 |  |   |   |   |
| **11 years** | H Clark | 1.11m | 2022 | **11 years** | T Bird | 1.12m | 2019 |
| **Senior** | I Kerr | 1.4m | 1990 | **Senior** | M Sturgess | 1.27m | 1990 |
|  |   |   |   |  |   |   |   |

Winning a field event or the 1500 metre event does automatically qualify a student to represent the school at diocesan level, the qualifying standards for the Diocesan Athletics carnival are:

**FIELD QUALIFYING STANDARDS**:

**High Jump** Junior Girls 1.10m

Junior Boys 1.25m

 11 Years Girls 1.15m

11 Years Boys 1.20m

12/13 Years Girls 1.15m

12/13 Years Boys 1.25m

**Long Jump** Junior Girls 3.10m

Junior Boys 3.10m

11 Years Girls 3.20m

11 Years Boys 3.20m

12/13 Years Girls 3.20m

12/13 Years Boys 3.20m

**Shot Put** Junior Girls (2kg) 5.50m

Junior Boys (2kg) 6.50m

11 Years Girls (2kg) 6.50m

11 Years Boys (2kg) 7.50m

12/13 Years Girls (3kg) 6.00m

12/13 Years Boys (3kg) 7.50m

**Discus** Junior Girls (500g) 15.00m

Junior Boys (500g) 17.50m

11 Years Girls (750g) 18.00m

11 Years Boys (750g) 22.00m

12/13 Years Girls (750g) 20.00m

12/13 Years Boys (750g) 22.00m

**ATHLETICS TRACK QUALIFYING STANDARDS**:

Three entries per event except for 800m, which has a maximum of 2 competitors.

1500m event has a maximum of 2 competitors and qualifying times are as follows:

**EVENT DIVISION QUALIFYING TIME**

1500m 10 Year Girls 7:10.00

1500m 10 Year Boys 6:40.00

1500m 11 Year Girls 6:50.00

1500m 11 Year Boys 6:20.00

1500m 12 Year Girls 6:30.00

1500m 12 Year Boys 6:00.00

There are also pathways for students to represent the school in other sports including:

Tennis, Touch Football, Golf, Soccer, Basketball, Rugby, Softball, Hockey, Netball, AFL and Rugby League. Trialling for these teams is reserved for year 6, and exceptional year 5 students. Students put forward to trial for Diocesan teams are at the discretion of the principal. Further information about these sports can be found in the Armidale Diocesan Primary Sports Council Handbook.