



HEAD OF YEAR 12 *Newsletter*

Michael Clarke

Dear Parents and Carers,

As we move into Term 4, the focus turns to preparing our Year 12 students for their final External Exams, while also celebrating the achievements and milestones that mark the end of their senior journey. Below is an overview of what lies ahead and how we can work together to support our young people to finish strongly.

Term 4

The term begins on Tuesday, October 7. While no regular timetabled classes will run, students will have access to a range of targeted workshops across Weeks 1 and 2. These workshops are designed to strengthen subject knowledge, build exam confidence, and provide personalised preparation.

This is an important time for students to balance effective study habits with healthy routines. Regular sleep, good nutrition, and short breaks for exercise or mindfulness will help them manage stress and perform at their best. As a school, we encourage students to Step Up by showing responsibility for their preparation and to Think Big by setting ambitious but achievable goals for their exams.

Week 1 & 2

Students in General (ATAR-eligible) subjects can select from multiple subject workshops tailored to exam needs. Attendance is highly encouraged, though not compulsory, and registration is required by:

- Thursday, October 2 for Week 1 workshops
- Thursday, October 9 for Week 2 workshops

We recommend students approach these weeks with structure: planning, prioritising their subjects, and balancing revision with self care. By supporting one another during this time, they also demonstrate our value of Being Kind.

Week 3 and Beyond

Week 3 (October 20–24) is SWOTVAC, a period of self-directed study. Students should use this week to review their notes, practise past exam questions, and consolidate their learning.



HEAD OF YEAR 12

Newsletter

Michael Clarke

Importantly, students are encouraged to look after their wellbeing, maintaining daily routines, getting outdoors, and practising strategies from our Connect Program (Gratitude, Empathy, and Mindfulness) to stay positive and focused.

During this week we also celebrate student achievement at the Senior Excellence Evening on Wednesday, October 22. For those receiving awards, this is a chance to reflect on their effort, perseverance, and the many ways they have contributed to our community — truly an example of Paying it Forward.

External Exams begin on Monday, October 27 and conclude on Tuesday, November 18. This marks the most significant stage of their senior journey, and we know our students will approach it with determination, resilience, and pride. Graduation will follow on Thursday, November 20, a night of celebration and reflection for both students and families.

Term 4 Applied Subjects

Students enrolled in a full Applied Subject program who have completed all assessment are not required to attend school during Term 4. ISK students, however, are required to attend T09 during their timetabled classes in Weeks 1 and 2 to finalise assessment.

Summary of Key Dates

- Thursday, October 2 – Closing date for Week 1 workshop registration
- Monday, October 7 – Term 4 begins (no regular classes)
- Thursday, October 9 – Closing date for Week 2 workshop registration
- October 7–17 – Subject Workshops (schedule to be released)
- October 20–24 – SWOTVAC (self-directed study)
- Wednesday, October 22 – Senior Excellence Evening
- Monday, October 27 – Tuesday, November 18 – External Exams
- Thursday, November 20 – Graduation Evening



HEAD OF YEAR 12 *Newsletter*

Michael Clarke

This is an exciting and important stage for our Year 12 students. With the right balance of preparation, wellbeing, and community support, we know they will thrive. Thank you for your continued encouragement at home — together, we can help them finish this chapter of their education with confidence and pride. Below are some quick tips to helping your young people stay on track with the upcoming studies;

Quick Tips for Student Success

Fuel your brain – Aim for balanced meals with whole foods (fruit, vegetables, lean protein, whole grains). Avoid relying on energy drinks and too much sugar, as they cause energy crashes.

Stay hydrated – Drinking enough water keeps your mind sharp and helps concentration during long study or exam sessions.

Prioritise sleep – Aim for 8 hours of rest each night. A good night's sleep before an exam is more effective than staying up late cramming.

Study smart, not just long – Break study into focused blocks (e.g. 25–50 minutes) with short breaks in between. This helps with memory retention and reduces stress.

Balance and movement – Take time for light exercise or stretching each day. It boosts energy, reduces stress, and helps you return to study refreshed.

Week 10 Term 3

As you can see from the photos, our Year 12 students thoroughly enjoyed their final week of school activities. From shared laughter and games to moments of reflection with their peers, it was a time filled with joy and community spirit — a true celebration of the journey they have taken together. Their last day of regular school was marked with pride and plenty of good memories, and it was wonderful to see the cohort embrace these moments with such positivity. I want to sincerely thank you, as parents and carers, for your ongoing support in helping make this milestone so special. While we pause to celebrate how far they have come, we also know there is still an important chapter ahead as they prepare for External Exams.

Warm regards
Michael