

# St Finbar's Catholic Parish

## 86 Centre Rd, Brighton East

Parish Priest Fr Ian Ranson  
 Parish Secretary Carmel Cristiano  
 Tues & Thurs 9am-3.30pm  
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 Email [BrightonEast@cam.org.au](mailto:BrightonEast@cam.org.au)  
 St Vincent de 1800 305 330  
 Paul Hotline  
 School Principal Mr Patrick Berlingeri  
 Telephone +61 (03) 9592 4479

# Mass times

Saturday 6pm Vigil  
 Sunday 9am, 11am & 5pm  
 Weekdays 9.15am Mon-Sat  
 Reconciliation After 9.15am Mass on Saturdays  
 Baptisms Most Sundays following 11am Mass  
 Please contact Parish Office  
 Weddings & Sacramental enquiries (First Reconciliation, First Eucharist & Confirmation) Please contact Parish Office



## Sunday 8<sup>th</sup> March 2020 2<sup>nd</sup> Sunday of LENT– Year A

The blessings upon which we meditate today are undeserved gifts from God. They were not earned. The graciousness of God transforms us in such a way as to effect new beginnings. It can be seen in the promises made to Abram. He leaves the past behind and moves into a new future. It can be seen in the psalm response. The Lord delivers us from death and inspires us to look to the future. It can be seen in the reading from 2 Timothy. Through Christ Jesus we are called to a new life of holiness; we escape the fetters of death and are brought into the freedom of the resurrection. We see it in the gospel, a glimpse into the future glory of Jesus which, through grace, we will be able to share. Lent is a time of new beginnings which find their origin in the abundant blessings of God.

The ultimate blessing of God is Jesus himself. As Abram was called to be the source of blessing for all others, as Peter, James and John were chosen to witness the transfiguration of Jesus, so today we too are invited to look to Jesus for inspiration during this holy season. Paul speaks of the salvation that Jesus brings as having come, not because of any works of righteousness that we might have performed, but because of the grace of God. Once again the Lenten readings focus on the merciful action of God in our lives, and in the end they point to Jesus.

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## PARISH NEWS

### MARCH, MONTH OF ST JOSEPH

#### Feast Days – March

8<sup>th</sup> St John of God  
 9<sup>th</sup> St Frances of Rome  
 17<sup>th</sup> St Patrick, Bishop



19<sup>th</sup> St Joseph, spouse of the Blessed Virgin Mary  
 25<sup>th</sup> The Annunciation of the Lord



## Living the Gospel

### 'Listen to him!'

God's voice from the cloud claims Jesus as his Son, the Chosen One and then goes on to instruct those present – and we, the readers – to 'Listen to him!' For the disciples, this was a message not to get carried away with their own ideas about the Messiah but to listen to what Jesus was saying about the suffering he must endure and to what he was saying about true discipleship. Jesus tells us that to be a follower of his involves sacrifice, hardship and often unpopularity. It is this message we must listen to as much as the promise of salvation.

© Liturgy Help.

*Pope Emeritus Benedict XVI once said: 'The world offers you comfort, but you were not made for comfort, you were made for greatness.' Step outside your comfort zone this Lent and walk a path of spiritual growth that will benefit not just you but all those around you.*



**Senior's Lunch, Tuesday, 10th March, 2020, Brighton Beach Hotel**

4 The Esplanade, Brighton Beach at 12 noon.

For transport: Joan Hamilton, 9592 2498 or Sue Sharry, 9592 7229.

#### IMPORTANT DATES 2020

**Confirmation, 4<sup>th</sup> & 6<sup>th</sup> August, evening**  
**First Holy Eucharist, 20<sup>th</sup> & 22<sup>nd</sup> October, evening**  
 Booking information to follow closer to the dates  
 Please contact the parish office on 9593 2122 or [BrightonEast@cam.org.au](mailto:BrightonEast@cam.org.au) to enrol.



Frank & Netta Conheady, Teri Renyi

**Recently Deceased**  
 Gwen Fernwick

#### Anniversaries

Frank Curatore,  
 Pauline Carroll,

Parish Roster 15 <sup>th</sup> Mar 3 <sup>rd</sup> Sun Lent / Year A	6.00pm	9.00am	11.00am	5.00pm
Lectors	Clare Sabatino	Peter Cooper	Michelle Sideridis Albana Matana	John Reddie
Special Ministers	Volunteers	Pauline Bourke	Jenny Reiche Rita Maguire	Volunteers
Data Projector	Dungan	Coopers	Leo	Volunteer
Welcoming	P Rodis A Rudden	J Trehwella P Bourke		
Counters	P Loschiavo, M O'Donoghue, J Neeson			
Readings	<i>First Reading:</i> Ex 17:3-7 <i>Psalm:</i> PS 94:1-2, 6-9. R.v.8 <i>Second Reading:</i> Rom 5:1-2, 5-8 <i>Gospel:</i> Jn 4:4-5, 19-26, 39-42			

### Communion Antiphon

This is my beloved Son, with whom I am well please; listen to him.

### Ten creative ways to approach Lent

*Lent can be viewed as the official spiritual detox program of the Catholic faith. It is designed to cleanse, tone and strengthen the three areas of the human being: The body, through fasting; the mind, through habits of selflessness; the soul, through prayer. Before starting, identify your weakest areas in order to gently target and improve them.*

#### 1. Practice random acts of kindness

*Be on the lookout for how to improve another person's day, homeless, family, etc. Try and do this once a week. If you have kids, involve them.*

#### 2. Put down your phone

*In the words of Pope Francis: 'We live in an environment polluted by too much verbal violence, by many offensive and harmful words, which the internet amplifies. We are inundated with empty words, with advertisements, with subtle messages. We have become used to hearing everything about everyone and we risk slipping into a worldliness that atrophies our hearts.' There's no better time for a digital detox.*

#### 3. Eat anything you are served

#### 4. Remove something in your house that you do not need

#### 5. Speak words of affirmation

*The less natural this is to you, the more important it is to do. Make a point of saying something nice each day about a person in your life. By Easter, your personal relationships will have undergone a resurrection of their own.*

#### 6. Stretch yourself

*This is about overcoming fear, cultivating self-control and concern for others.*

#### 7. Swap out the good for the better

*Fill your life with things that are inspiring, good, wholesome and encouraging.. In the words of Pope Francis: Lent is a time in which to turn off the television and open the Bible. Lent is a time to disconnect from cell phones and connect to the Gospel.*

#### 8. Pray a person a day

#### 9. Hold your tongue

#### 10. Wear something to make you remember

*In religious orders, the term 'habit' is as much a noun as it is a verb. Adopt this small act of remembrance every day, and wear something that reminds you of Christ.*

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### Novel Coronavirus (COVID-19)

### Guidance for our Parish

**It has been advised that the distribution of Holy Communion should only be taken via the hand and NOT THE TONGUE for obvious health reasons.**

### Parish Contacts

Please feel free to contact any of these people if you would like to become more involved in Parish Life Rosters for Lectors, Collectors and Special Ministers at Mass

Paul Dungan 9592 2463

### New Volunteers NEEDED

**All welcome – no experience required.**

**Age is no limit!**

**Call Carmel at Parish Office**



Altar Serving  
 Parish Office 9593 2122

Church Flowers  
 Dianne Sheedy 9557 6214

Church Decoration  
 Stasia & Phil Power 0400 038 535

Senior's Group  
 Sue Sharry 9592 7229  
 and Joan Hamilton 9592 2498

Music  
 Joy Conheady 9596 2643

Choir  
 Corinne 0414 624 253

Sacramental Enquiries (Reconciliation, Eucharist, Confirmation)  
 Parish Office 9593 2122

Neo-Catechumenal Community Tuesdays 8pm in Marian Room  
 Adam & Giulia 0450 596 950

St Vincent de Paul Assistance Hotline:  
 Freecall 1800 305 330  
 (Mon to Fri 10am - 3pm)

Tennis Club [www.stfinbarstennisclubbrightoneast.com](http://www.stfinbarstennisclubbrightoneast.com)

Netball Club [www.stfinbarsnetballclub.com](http://www.stfinbarsnetballclub.com)

Basketball Club [www.scalpers.com.au](http://www.scalpers.com.au)