St Finbar's Catholic Parish 86 Centre Rd, Brighton East		Mass times		
Parish Priest	Fr Ian Ranson	Saturday	6pm Vigil	12 18 1
Parish Secretary	Carmel Cristiano Tues & Thurs 9am-3.30pm	Sunday	9am, 11am & 5pm	
Telephone	+61 (03) 9593 2122	Weekdays	9.15am Mon-Sat	- martin have the
Website	www.cam.org.au/brightoneast	Reconciliation	After 9.15am Mass on Saturdays	
Email	BrightonEast@cam.org.au	Baptisms	Most Sundays following 11am Mass	
St Vincent de	1800 305 330		Please contact Parish Office	
Paul Hotline				
School Principal	Mr Patrick Berlingeri	Weddings & Sacramental enquiries (First Reconciliation, First		
Telephone	+61 (03) 9592 4479	Eucharist & Confirmation) Please contact Parish Office		

Sunday 8th March 2020 2nd Sunday of LENT- Year A

The blessings upon which we meditate today are undeserved gifts from God. They were not earned. The graciousness of God transforms us in such a way as to effect new beginnings. It can be seen in the promises made to Abram. He leaves the past behind and moves into a new future. It can be seen in the psalm response. The Lord delivers us from death and inspires us to look to the future. It can be seen in the reading from 2 Timothy. Through Christ Jesus we are called to a new life of holiness; we escape the fetters of death and are brought into the freedom of the resurrection. We see it in the gospel, a glimpse into the future glory of Jesus which, through grace, we will be able to share. Lent is a time of new beginnings which find their origin in the abundant blessings of God.

The ultimate blessing of God is Jesus himself. As Abram was called to be the source of blessing for all others, as Peter, James and John were chosen to witness the transfiguration of Jesus, so today we too are invited to look to Jesus for inspiration during this holy season. Paul speaks of the salvation that Jesus brings as having come, not because of any works of righteousness that we might have performed, but because of the grace of God. Once again the Lenten readings focus on the merciful action of God in our lives, and in the end they point to Jesus.



Feast Days – March

8th St John of God 9th St Frances of Rome 17th St Patrick, Bishop

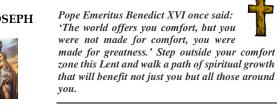


19th St Joseph, spouse of the Blessed Virgin Mary 25th The Annunciation of the Lord



'Listen to him!'

God's voice from the cloud claims Jesus as his Son, the Chosen One and then goes on to instruct those present - and we, the readers - to 'Listen to him!' For the disciples, this was a message not to get carried away with their own ideas about the Messiah but to listen to what Jesus was saving about the suffering he must endure and to what he was saving about true discipleship. Jesus tells us that to be a follower of his involves sacrifice, hardship and often unpopularity. It is this message we must listen to as much as the promise of salvation.



Senior's Lunch, Tuesday, 10th March, 2020, **Brighton Beach Hotel**

4 The Esplanade, Brighton Beach at 12 noon.

For transport: Joan Hamilton, 9592 2498 or Sue Sharry, 9592 7229.

IMPORTANT DATES 2020

Confirmation, 4th & 6th August, evening

First Holv Eucharist. 20th & 22nd October. evenina Booking information to follow closer to the dates Please contact the parish office on 9593 2122 or BrightonEast@cam.org.au to enrol.



Frank & Netta Conheady, Teri Renyi

Parish Roster 15 th Mar 3 rd Sun Lent / Year A	6.00pm	9.00am	11.00am	5.00pm		
Lectors	Clare Sabatino	Peter Cooper	Michelle Sideridis Albana Matana	John Reddie		
Special Ministers	Volunteers	Pauline Bourke	Jenny Reiche Rita Maguire	Volunteers		
Data Projector	Dungan	Coopers	Leo	Volunteer		
Welcoming	P Rodis A Rudden	J Trewhella P Bourke				
Counters	P Loschiavo, M O'Donoghue, J Neeson					
Readings	<i>First Reading:</i> Ex 17:3-7 <i>Psalm:</i> PS 94:1-2, 6-9. R.v.8 <i>Second Reading:</i> Rom 5:1-2, 5-8 <i>Gospet:</i> Jn 4:4-5, 19-26, 39-42					

Communion Antiphon

This is my beloved Son, with whom I am well please; listen to him.

Ten creative ways to approach Lent

Parish Contacts

Lent can be viewed as the official spiritual detox program of the Catholic faith. In is designed to cleanse, tone and strengthen the three areas of the human being: The body, through fasting: the mind, through habits of selflessness: the soul, through prayer. Before starting, identify your weakest areas in order to gently target and improve them.

1. Practice random acts of kindness

Be on the lookout for how to improve another person's day, homeless, family, etc. Try and do this once a week. If you have kids, involve them.

2. Put down your phone

In the words of Pope Francis: 'We live in an environment polluted by too much verbal violence, by many offensive and harmful words, which the internet amplifies. We are inundated with empty words, with advertisements, with subtle messages. We have become used to hearing everything about everyone and we risk slipping into a worldliness that atrophies our hearts.' There's no better

time for a digital detox. 3. Eat anything you are served

4. Remove something in your house that you do not need 5. Speak words of affirmation

The less natural this is to you, the more important it is to do. Make a point of saying something nice each day about a person in your life. By Easter, your personal relationships will have undergone a resurrection of their own. 6. Stretch yourself

This is about overcoming fear, cultivating self-control and concern for others. 7. Swap out the good for the better

Fill your life with things that are inspiring, good, wholesome and encouraging. In the words of Pope Francis: Lent is a time in which to turn off the television and open the Bible. Lent is a time to disconnect from cell phones and connect to the Gospel.

8. Pray a person a day

9. Hold your tongue

10. Wear something to make you remember

In religious orders, the term 'habit' is as much a noun as it is a verb. Adopt this small act of remembrance every day, and wear something that reminds you of Christ.

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Novel Coronavirus (COVID-19) **Guidance for our Parish**

It has been advised that the distribution of Holy Communion should only be taken via the hand and NOT THE TONGUE for obvious health reasons.

Please feel free to contact any of these people if you would like to become more involved in Parish Life Rosters for Lectors, Collectors and Special Ministers at Mass

Paul Dungan 9592 2463

New Volunteers NEEDED All welcome - no experience required. Age is no limit! Call Carmel at Parish Office



Altar Serving Parish Office 9593 2122

Church Flowers Dianne Sheedy 9557 6214

Church Decoration Stasia & Phil Power 0400 038 535

Senior's Group Sue Sharry 9592 7229 and Ioan Hamilton 9592 2498

Music Joy Conheady 9596 2643

Choir Corinne 0414 624 253

Sacramental Enguiries (Reconciliation, Eucharist, Confirmation) Parish Office 9593 2122

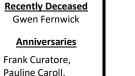
Neo-Catechumenal Community Tuesdays 8pm in Marian Room Adam & Giulia 0450 596 950

St Vincent de Paul Assistance Hotline: Freecall 1800 305 330 (Mon to Fri 10am - 3pm)

Tennis Club www.stfinbarstennisclubbrightoneast.com

Netball Club www.stfinbarsnetballclub.com

Basketball Club www.scalpers.com.au



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