

## BASELINE PRESENTS

### Reach Out and Connect: The Suicide Conversation for Parents

Supportive connection is early prevention. Join us for a webinar on recognising and supporting young people who may be at risk of suicide.

- Suicide and suicidal thinking are more common than most people realise
- Young people are at increased risk of suicidal thoughts and behaviours
- Understand why a young person might feel this way
- Gain confidence in asking appropriate questions and listening with empathy
- Learn how to play a part in community suicide prevention and support the wellbeing of young people in your family
- This session is based on evidence-informed practice and was developed in consultation with people with a lived experience of the impacts of suicide

#### Presented by:

Amy Corcoran – Lived Experience Worker and  
Sarah Matta Allied Health Staff – LifeConnect Neami National

**When:** Wednesday 28 April 2021

**Where:** Online

**Time:** 7pm – 8.30pm

**Cost:** Free

**Bookings:** Booking is essential and must be done via  
[www.trybooking.com/BMRGD](http://www.trybooking.com/BMRGD)

**Enquiries:** Contact Council's Family Services Education Officer by  
phoning 9404 8865 or via email  
[familytraining@whittlesea.vic.gov.au](mailto:familytraining@whittlesea.vic.gov.au)

**Recommended for:** parents/carers of children (aged 10-25)



**LifeConnect**



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[www.whittleseyouth.com](http://www.whittleseyouth.com)  
e. [baseline@whittlesea.vic.gov.au](mailto:baseline@whittlesea.vic.gov.au)  
p. 9404 8800