

We are delighted to advise you of support Camp Quokka, a youth camp for 16 Type 1 diabetic youth aged 15-18, held at the Augusta Adventure Centre in Kudardup from 1 – 7 October 2023.

Camp Quokka is designed to help enhance the self-management for young people living with Type 1 diabetes as they emerge to become functional adults by providing them with a fun, safe and supportive educational environment where they can make new friends, learn new skills and gain confidence in managing their condition.

The camp will be supervised by a team of experienced and qualified Credentialed Diabetes Educators, who will provide education, guidance and support to the campers throughout the week. The camp will also include a range of activities such as kayaking, climbing courses, bushwalking, horse riding and more. Additionally, there will be Lions volunteer staff assisting with the smooth running of the camp.

Camp Quokka is based on the successful model of Camp Diabetes Victoria, which has been running for several years and has received positive feedback from both participants and health professionals. We are hoping to make Camp Quokka an annual event in Western Australia, and we need your help to spread the word.

Apply online at :<https://www.facebook.com/campquokkatype1camp/> by mid September 2023.

The cost of the camp is \$100 per person, which includes accommodation, meals, activities and transport from Perth. There are limited places available, so please don't delay!

We have included a flyer with this email that we ask to be displayed within your school.

If you have any questions or would like more information, please contact us at campquokka@gmail.com or call Deb Jones on 0420 648902 or email lionsdiabetes.coordinator@gmail.com.

Thank you for your support and we hope to hear from you soon.

Sincerely

The Camp Quokka Team