



MARIST RUGBY



TERM 3 TRAINING SCHEDULE

WEEK 7 - 9

LOCATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

MORNING TRAINING: 6:45 - 8:00am

McMahon Oval

Hayden Oval

7th XV

YEAR 10 A/B

8th XV

YEAR 7 A/B

AIC
MATCHES

AFTERNOON TRAINING: 3:20 - 4:45/5:00pm

McMahon Oval

Hayden Oval

1st/2nd XV

3rds, 4ths, 5ths,
6ths XV

9A/9B

TRACK AND FIELD

PSS Training *(Invited
Players Only)*

TRACK AND FIELD

8D, 8E

1st/2nd XV

3rds, 4ths & 9A/B

5th, 6th XV

10C, 10D, 10E

Flat 6

Flat 7

Flat 8

Flat 9

YEAR 10 (A-E)

8A, 8B, 8C

9C, 9D, 9E

8A, 8B & 7C

6A, 6B, 5A, 5B

YEAR 7 (All Teams)

YEAR 5 (All Teams)

6C, 6D

AIC
MATCHES