

Pasta Dough – 3 egg recipe

Equipment needed

- Pasta machine
- Chopping Boards
- Non slip mats
- Wooden tray
- Scales
- Knife
- Food processor
- Clean tea towel

Ingredients

- 400g plain flour, plus extra for dusting
- 1 teaspoon salt (optional)
- 3 eggs
- 50 - 70 ml water

Notes:

- Work as a group today. Your pasta dough will be made. We will form our pasta and then make the dough for the next group (if there is another class today).

What to do

Form the dough

- Attach the pasta machine securely to the bench, **ensure the attachment is on the metal strip under the short edge of the bench.**
- Cut dough in half, Cut each half into 3 pieces
- Press the first piece into a rectangle shape (refer to pictures on fridge)
- Dust with flour if needed
- Set the machine to number 0 and roll the dough through
- Fold the dough into 3, turn it 90 degrees (so the folds go up and down) and roll through again
- Repeat 3 to 5 times, until dough is smooth
- Dust with flour as necessary to stop the dough sticking
- Turn the knob to number 1 (thinner) and pass the dough through
- Do not fold again (only on number 0)
- Keep going until **number 6**
- Do this with all pieces of dough
- Cut each length into 3 pieces, then cut into thick strips (fettuccini), place on wooden tray
- Clean the **pasta machine** using a dry brush only (it **must not get wet**)
- Return pasta machine to tub under bench
- Wipe down bench, use a dry dish cloth first to remove flour then use a wet dishcloth to clean bench.
- Give pasta to pasta sauce team to cook.

Make the dough for the next group

- Weigh out the plain flour.
- Put the flour into the bowl of the food processor.
- Add the salt and whizz briefly.
- Add the eggs and 50ml of water on top.
- Pulse gently for a few seconds until the mixture begins to come together. It should look like bread crumbs.
- If needed add a little more water through the lid opening while the food processor is running.
- Tip out onto the bench. Knead until smooth, about 3 minutes.
- Cover dough with a clean, damp tea towel and let rest for 30 minutes.

Clean up.