

# HOW CAN FATHERS LIVE A LIFE THAT DOESN'T END WITH REGRETS?



## 2023 Men of John XXIII Panel Discussion

We are excited to announce that this year's Panel Discussion will include the founder of The Fathering Project, Dr Bruce Robinson, along with James McMahon, ambassador of The Fathering Project and a past parent of John XXIII College.

The panel will discuss how to help dads be the best dad they can be for themselves, their children and their families. *Meet our panelists overleaf.*

**Date** Wednesday 3 May 2023  
**Venue** Cambridge Bowling Club  
39 Chandler Avenue, Floreat

**Time** 6:30pm Entry  
7:00pm Pizza and pasta  
7:30pm Panel Discussion

**Drinks** Purchase at the bar

**Tickets** \$25

**Book now:** [www.trybooking.com/1042327](http://www.trybooking.com/1042327)



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THE FATHERING PROJECT

## About our 2023 Panellists



### Dr Bruce Robinson

A doctor, lecturer, speaker, scientist and best-selling author, Bruce has published over 200 professional papers and received numerous awards.

For 20 years he has also been researching, lecturing and speaking about fathering and how to be a better dad.

In 2013 he won the prestigious Western Australian of the Year award for medical research and charity work, including his work with establishing The Fathering Project and advocacy for the benefits of good fathering.

In his work as a cancer specialist, Dr Robinson has had to tell hundreds of men that they only had a short time left to live. For too many of these men, regret was a key reaction – “I wish I had spent more time with my family/with my children”.

Bruce realised that there was a need for fathers to, as he puts it, “learn to live richly at the front end so you don’t have regrets at the back end.”

In other words, fathers needed to learn how to build those relationships with the family and improve that work/life balance so that down the track they don’t wish things could have been different.



### James McMahon

James McMahon DSC DSM had a 24 year career in the Australian Defence Force, which included working as a Commanding Officer of the Special Air Service Regiment (SAS) and serving in a number of countries including Afghanistan, Iraq and Timor-Leste.

After leaving the Defence Force, James has worked across private and public organisations, including four years as Commissioner for the Department of Corrective Services in Western Australia, where he focussed heavily on rehabilitation and reconciliation.

James is currently the Chief Operating Officer at Australian Capital Equity. He is the recipient of both the Distinguished Service Cross and Distinguished Service Medal. In 2019 he was named the Western Australian of the Year.



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