



1 May 2023

2023 CROSS COUNTRY

Dear Parents and Carers,

This year our Cross Country will be held on the Roselea Public School Oval and Carlingford Oval on Friday 12 May, commencing at 9:30am and concluding by 11:00am.

Grade	Year 2 (8 year olds only) and Year 3 to 6 students
Location	Roselea Public School Oval and Carlingford Oval
Date	12/05/2023
Digital Permission Form	To be returned by 08/05/2023
What to bring	-Students need to wear normal sports uniform. -Students will need to bring their drink bottles and their hats. -Students with asthma must bring their medication.
Courses	8,9 and 10 year olds do 2 laps (2km) 11, 12 and 13 year olds do 3 laps (3km)

We invite parents and carers to join us as spectators at the upcoming Cross Country event.

Additionally, we are seeking parent helpers to assist us with the event. If you are available to lend a hand on the day, please indicate this on the digital permission form. Your support and involvement are greatly appreciated.

Mr Matthew So
Sports Co-ordinator

Mr Cameron Jones
Principal