



Healthier Gaming and Screentime

Interactive session for parents in partnership with Gamblers Help

This Session will cover:

- The role of gaming for young people
- Informing parents of the relationship between gaming and gambling
- Identify gambling features within games
- Identifying signs of gambling harm
- Helpful conversation starters if you are concerned
- Tips on co-selecting games
- Effective ways to communicate with children about technology
- Developing effective and agreed boundaries and what to do when these are broken

Sharing ideas on healthy
screen time within the whole family

DATES: Wednesday 30th September and Wednesday 28th October

TIMES: 30/09/2020 at 1pm to 2:30pm
28/10/2020 at 6pm to 7:30pm

VENUE: Online Via Zoom - link will be sent out once formal registration has taken place

COST: FREE once registration is completed a link to zoom will be shared

For bookings & inquiries contact: ParentZone on 03 8641 8900 or 0458 550 071

Email parentzone.northern@anglicarevic.org.au

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