

OSHC AT HOME

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WEEKLY PLANNER


 Activity Sheet

 STEM


 Video Activity

 Art & Craft

 Reading Corner

 Mindfulness


 Challenge

 Physical Activity

 Live Stream

 Cooking

 Hands On

 Hands Off

 All Ages

 Ages 5-7

 Ages 8-12

MONDAY

GOOD VIBRATIONS DANCE CLASS BY CDI

Join Creative Dance Industries for a fantastic new jazz dance routine to the tune of "Good Vibrations". Slip into some comfy clothes and stretch your limbs, it's time to get funky.



TUESDAY

KIDS KITCHEN: NICE CREAM

Feeling a little hungry? Join Christine in the kitchen to make this easy and yummy Banana Chocolate Nice Cream. Mmmm who doesn't love 'Nice Cream'.



WEDNESDAY

BLOTTED PAINT BUTTERFLIES

Grab your paints and paper! We're making beautiful, blotted paint butterflies with Educator Lynette. This activity can get a little messy so we recommend wearing a smock or an old shirt!



THURSDAY

DANCE YOGA FUN

Educators Hannah and Clare are going to teach you a dance yoga routine. For this one, you can grab a partner or do it by yourself. Shake out your limbs and let's get moving.



FRIDAY

AT-HOME CELERY EXPERIMENT

Have you ever wondered how plants get water from their roots all the way up to their leaves? This simple celery experiment shows how coloured water travels up a celery stalk.



PAINTED GLASS JARS

Paints out and smocks on. Today we're going to make decorated glass jars. How will you use your new painted jar? You could use it to keep your pencils in or maybe even as a vase.



PEG TIGGY MOOVOSITY

A fresh twist on a classic game. Time to stretch your legs and get moving? Why not try Peg Tiggy from Moovosity. You can play with a sibling or get the whole family involved in the fun.



KIDS KITCHEN: RICE PAPER ROLLS

Rolling for a yummy lunch time break? Well then this is the one for you. Join Educator Danielle in the Kids Kitchen to make some rice paper rolls with your favourite fillings.



BEE ROCK ART

Let's get painting and create little rock bees to go around your garden. All you need are some stones or pebbles, paint, brushes and your creativity.



LOOSE PARTS PLAY

Gather up a range of household objects for some loose parts play with Educator Chantelle - make sure you bring your creativity and imagination! What will you create?

