



PARENTS BUILDING SOLUTIONS ONLINE

FREE for parents, step-parents, grandparents and carers
of children aged 3-17 years residing in City of Casey

Join us ONLINE in an interactive program to share experiences, ideas, and learn strategies to support your child

ARE YOU TIRED OF YELLING?

How to get kids to listen, without having to yell

DEALING WITH ANGER

Helping parents, and kids, deal with anger and frustration

RESPONDING TO BEHAVIOUR

Better understand why children behave the way they do

STRATEGIES THAT WORK

How can parenting be easier and more fun!

TERM 1, 2021 PROGRAMS AVAILABLE

Tuesday mornings 10.00am - 11.30am
16th February to 23rd March (6-weeks)

Thursday afternoons 1.00pm - 2.30pm
11th February to 18th March (6-weeks)

WHERE: Online via ZOOM

You will need access to a desktop computer, laptop, tablet or smartphone and an internet connection. Support to access Zoom is available

BOOKINGS AND ENQUIRIES:

Sandra Phillips at ParentZone
Call / text 0447 500 355 or email
sandra.phillips@anglicarevic.org.au

PARENTZONE