

## **WE THINK YOU WILL LOVE DRAGON BOATING**

Register for a FREE 1 Month **Dragon Pass** is a great way to start.

### **COME AND HAVE A GO**

**Our season starts this weekend.**

**4<sup>th</sup> September (every Sunday) at the Pondage Boat Ramp.**  
**8:30am (on water at 9 -10:30)**

Call Joy on 0438805321 if you have any questions or to let us know you'll be coming for a try  
Bring a friend too – the more the merrier!



**Everyone including Kids above 10 years old are all welcome!!**

**What is a Dragon Pass?**

A One Month Free Trial, paddling in a Dragon Boat, with the Club/s of your choice, anywhere in Victoria. <https://www.dragonboatvictoria.com.au>

**COME AND HAVE A GO AND THEN CHALLENGE YOURSELF AND PADDLE IN THE  
FALLS CREEK DRAGON BOAT REGATTA – Australia's highest LAKE!!!**

## **How do I start paddling after I have registered?**

A Member of the Club will contact you after you have registered for your One Month Free Trial.

## **Am I covered with insurance when I paddle or when involved in activities?**

Yes, you are covered for personal insurance during the One Month Free Trial Period. To see what is covered, **Click Here** <https://www.dragonboatvictoria.com.au>

The Club will provide you with a Safety Briefing, the basic Paddling Technique, what to expect before, during and after you paddle and introduce you to the members of the club.

## **What do I need to bring to my first paddling session and is all equipment provided?**

All paddling equipment is provided for you, including a Personal Flotation Device (PFD) and a paddle. As it is a water sport and you will get wet, we suggest you wear what you would when going to the gym, bring a change of clothes, a towel and sunblock.

## **Can I participate in a regatta or event within my Trial?**

Yes you can.

## **What happens after my One Month Trial expires?**

If you love paddling in a Dragon Boat and want to continue to be a part of the sport, you can join up as a member. You will receive a reminder offering you membership to the club.

## **What else can I expect at Mount Beauty Dragon Boat Club?**

- Instruction from experienced and qualified coaches
- A seat buddy who will look after you in the boat
- Lots of laughs and a great fitness workout

Suitable for a range of ages - Juniors 10 to 17yo, Premier division 18 to 39yo, Senior division 40yo and over.

Where and when - ***Starting again on Sunday 4th September 2023***, BBQ area, Mount Beauty pondage.

**We Paddle every Sunday morning and have coffee after at Rocky Valley,**

**We also Compete in Regional, State and if we're keen National Regattas.**

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**We have some amazing members who are also current active members of the  
Flames (Victoria's Top dragon boating team based in Melbourne) and the  
National Team the Auroras.. !!!**