

Last Day of School Canteen Menu

* Indicates items free of certain additives (see over page for list)
GF Indicates Gluten Free Products

V Indicates Vegetarian
VE Indicates Vegan

DF Indicates Dairy Free
NF Indicates Nut Free

HOT FOOD

Vegetarian hokkien noodles VE NF DF	5.50
Butter Chicken with Rice GF DF contains almond meal	5.50
Malaysian Chicken with Rice GF DF	5.50
Dahl VE GF NF	5.50
100g Pizza: Ham & Pineapple	2.50
100g Ham & Cheese	2.50
Garlic Bread (9 inch)	2.00

SALAD BOWLS

NEW 1000ml RICE NOODLE OR RICE SALAD BOWL ASIAN & VINAIGRETTE DRESSING	Please select one flavour & Rice or Rice Noodles
GF NF DF Thai Chicken / Roast Pork / VE Tofu	6.00
NF DF Lemongrass Beef	6.00

SUSHI **GF NF DF**

Smoked Salmon/Teriyaki Chicken/Cooked Tuna/California Rolls	2.50
Vegetarian VE /Pumpkin and Avocado VE	2.50
Soy sauce	

½ VIETNAMESE ROLL

Please give an alternative on lunch order bag	
Thai Chicken/Butter Chicken contains almond meal	3.00
Roast Pork/Tofu VE	

Please only order from the below items if you need to eat Gluten Free

GF Sausage Roll ORDERS ONLY	4.50
GF Beef Pie ORDERS ONLY	4.50
GF Chicken Tender on GF Coles Focaccia, tomato, baby spinach, onion, cheese, mayo	6.00
GF Roast Chicken GF Coles Focaccia, tomato, baby spinach, onion, cheese, mayo	6.00
GF 140g Quiche Lorraine	6.50

DRINKS

500ml NU Water	1.50
600ml NU Light sparkling water	2.00
250ml Golden Circle (Apple, Apple Blackcurrant, Orange)	1.50
250ml Up & Go (Chocolate*/Vanilla*/Banana*)	2.00
250ml Oak Strawberry*/Chocolate*	2.00
350ml Golden Circle (Apple/Orange/Apple Blackcurrant)*	2.20

ICE BLOCKS

Fruit Tubes	.50
Moo – strawberry/chocolate/ banana	1.00
Lifesaver icy pole*	1.00
Lemonade icy pole*	1.00
Frosty Fruit*	1.00
Twisted frozen yogurt – watermelon & mango GF	2.00
Krazy Krush Slushy - Small	1.50

SNACK

Apricot and coconut balls GF	.50
Grainwaves	1.00
Chips: plain*, honey, soy	1.00
BBQ veg chips GF	1.00
Fruit in season*	1.20
Gingerbread person	1.50
Light choc muffin	1.70
Banana bread*	2.00

EXTRAS

Spoon/Fork	.10
Paper Plate	.10
Mayo*	.20
Tomato sauce*	.20
Sweet chilli sauce	.20
French Salad Dressing	.20
Light cheese slice*	.50
Salad item* (lettuce or cucumber or tomato or grated carrot)	.50

Canteen Procedures and Rules

Ordering and payment methods

Preferred method Qkr App

Canteen procedure for Qkr app ordering

- Download the free Qkr app
- Set up student profile/s
- Cut off for ordering is **9:00am** on the day
- Pre order up to 2 weeks in advance
- Pre orders can be **cancelled using the app before cut off on the day, 9:00am**
- Junior school lunch orders will be sent to class in the class lunch box
- Middle and senior school lunch orders can be collected from the canteen at lunch time
- Late lunch orders can be placed at the canteen using cash or EFTPOS (\$5.00 minimum) before 10:00am
- Use the support contact details on the app if you are experiencing problems

Canteen procedure for cash ordering

Junior school

- Clearly write out a lunch order bag, must have students name and teacher's name
- Place cash in the bag and fold it over at the top a few times to stop the money from falling out
- Place the lunch order bag in the green bag in the class lunch order box
- Class lunch box is sent to the canteen
- Class lunch box will be collected at 12:00
- Late lunch orders can be placed at the canteen using cash before 10:00am

Middle and Senior school

- Clearly write out a lunch order bag, must have students name and teacher's name
- Place cash in the bag and fold it over at the top a few times to stop the money from falling out
- Place in the blue lunch order box outside the front office before **9:30am**
- Lunch orders can be collected from the canteen at lunch time 1:00pm
- Late lunch orders can be placed at the canteen using cash before 10:00am

Canteen procedure for EFTPOS ordering

Middle and Senior school

- Place order at the canteen before school from **8:30am to the start of school 8:40am**
- Clearly write out a lunch order bag, must have students name and teacher's name
- Pay using EFTPOS, there is a **\$5.00 minimum**

Teachers

- Please order lunches before **9.30am** and place in the blue Canteen box outside Reception or place order at the canteen before school from **8:30am to the start of school 8:40am using EFTPOS (\$5.00 minimum)**

NOTE:

- There will be no orders taken at recess time unless a student is late to school.
- Junior Students, Icy treats (ice blocks, Crazy Krush Slushy - Small) can be ordered and collected or purchased from the canteen before cut off 12:30pm
- Should orders miss the deadline, not all items are available, e.g. hot dogs, burgers, wraps, sandwiches
- There are some foods that can only be purchased if ordered, e.g. sandwiches, rolls, wraps / ciabattas, burgers

Emergency Lunches

Junior Students

The Canteen **does not provide** credit. Junior students forgetting their lunch or money should report this to their teacher as soon as possible. They should go to the canteen with an Emergency lunch pink slip by 9.30am, where arrangements will be made to supply an emergency lunch (a piece of fruit for recess and baguette or sandwich for lunch). Payment will be required the following day cash or EFT at the canteen.

If a student is missing a Qkr lunch order the student will be sent to the canteen with an Emergency lunch pink slip as soon as possible an emergency lunch (a piece of fruit for recess and baguette or sandwich for lunch) will be supplied. The missing Qkr order will be investigated after both lunch times, the Qkr contact will be contacted and payment will be required the following day cash or EFT at the canteen or on Qkr.

Secondary Students

Report directly to the Canteen Manager. Canteen to supply an emergency lunch (a piece of fruit for recess \$1.20 and baguette for lunch \$3.50).

Payment will be required the following day cash or EFT at the canteen

If a student is missing a Qkr lunch order the student will be sent to the canteen with an Emergency lunch pink slip as soon as possible an emergency lunch (a piece of fruit for recess and baguette or sandwich for lunch) will be supplied. The missing Qkr order will be investigated after both lunch times, the Qkr contact will be contacted and payment will be required the following day cash or EFT at the canteen or on Qkr.

Lunch Bags

Please ensure a supply of lunch bags is kept at home. Lunch bags can be collected from the Canteen or at Student Services.

* Indicates items free of the below additives

AVOID THESE ADDITIVES

COLOURS	102, 104, 110, 122, 123, 124, 127, 129, 132, 133, 142, 143, 151, 155 natural colour 160b (annatto)
PRESERVATIVES	<i>Sorbates:</i> 200, 201, 202, 203 <i>Benzoates:</i> 210, 211, 212, 213 <i>Sulphites:</i> 220, 221, 222, 223, 224, 225, 226, 227, 228 <i>Nitrates, nitrites:</i> 249, 250, 251, 252, <i>Propionates:</i> 280, 281, 282, 283
SYNTHETIC ANTIOXIDANTS	<i>Gallates:</i> 310, 311, 312 <i>TBHQ, BHA, BHT:</i> 319, 320, 321
FLAVOUR ENHANCERS	<i>Glutamates incl MSG:</i> 620, 621, 622, 623, 624, 625 <i>Ribonucleotides:</i> 627, 631, 635 <i>Hydrolysed Vegetable Protein (TVP)</i>
ARTIFICIAL FLAVOURS	No numbers since they are trade secrets