



## Bringing Up Great Kids in the First 1000 Days

This five week program supports parents in building positive relationships and interactions with their unborn babies, infants or young children. It gives parents ideas and information about child development and brain science, and supports parents to manage their own stress and to develop wellbeing strategies. Pregnant parents and parents (mums and dads) of children up to a year old will benefit most from this program.

**When** Wednesday 24<sup>th</sup> February, 3<sup>rd</sup> March, 10<sup>th</sup> March, 17<sup>th</sup> March, 24<sup>th</sup> March 2021 from 11am-1pm

**Where** AH Bracks Library, 431 Canning Highway Melville.

**Cost** Free

**Creche** Limited places available, please book for each child attending at:  
<https://www.eventbrite.com.au/e/bringing-up-great-kids-first-1000-days-melville-creche-tickets-133191578597>

**Bookings** You must commit to attending all 5 sessions. Places limited.  
<https://www.eventbrite.com.au/e/bringing-up-great-kids-in-the-first-1000-days-tickets-133288578727>

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