



## **A parenting program for parents of children aged 3 -12 years**

Learn how to be better at:

- talking with your child
- understanding your child
- helping your child manage their emotions
- preventing behaviour problems in your child
- teaching your child to deal with conflict

**Tuning in to Kids shows you how to  
help your child develop *emotional intelligence*.**

Children with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses.

**Emotional intelligence may be a better predictor  
of academic and career success than IQ!**

**Where:** SAGE Community Services  
37 Collins St, Pendle Hill

**When:** Wednesdays, 10 am – 12noon  
6 November – 11 December 2024

**Cost:** Free

**FREE onsite  
childcare  
available!**

*Places are limited and bookings are essential.*

**For enquiries or to book your place, call Wendy or Dana on 9636 8437**

**Alternatively, you can fill out our Expression of Interest form at  
[www.tinyurl.com/2024term4](http://www.tinyurl.com/2024term4)**

*Note: Participants need to have a child 3-12 years old in their care to practise strategies covered in this course.*