







A pre-school programme for parents and their children from birth to 5 years of age





## Welcome to First Steps,

# Southern Christian College's pre-kinder

The First Steps programme provides an informal, engaging and nurturing learning environment for children from birth to 5 years of age with the aim of helping prepare them for success in kindergarten and beyond. Our programme, run by an experienced, qualified Early Childhood teacher, includes: gross motor, fine motor, sensory, imaginative and creative play activities as well as early musical, literacy and mathematical experiences. Children and parents engage together in a supportive Christian environment.



#### Who can attend?

First Steps is open to all children from birth to 5 years of age and their parents, guardians or grandparents.

#### Where?

Kingston Early Learning Centre 150 Redwood Road, Kingston



#### When?

Thursdays (in school terms) from 9:45-11am

Getting ready for Kinder starts at birth.

kinder-ready.tas-education.org

# Enrolment form and daily sign-in

All families are required to fill in an enrolment form for contact details and photos permission. Please sign in each session, this is for attendance data and a daily record of families in the case of an emergency.

## Tea, Hot Chocolate and Coffee

Feel free to help yourself to a hot drink in the kitchen area. Please wash your mug when you finish.

### Tidy up time

Everyone helps to keep the room clean and tidy. It is great training to encourage your child to help with the packing. up when the "tidy up" music comes on.



## Morning Tea

We like to encourage healthy eating patterns for our children. Please bring a healthy snack for morning tea. We also encourage children to drink water. It's a great habit to establish early!

### Toilet and Change Table

Toilets can be accessed at the rear of the centre. Please supervise your children when they are using the toilet. A change table is available in the room next door to the toilets.

## Outdoor Play & Hats

Outdoor play is a very important part of our programme. It is school policy for everyone to wear a hat when outside during term 1 (February to April) and term 4 (October to December).



## For more information....

Sonya Ambrose – 0447 279 926 <u>sonya.ambrose@scc.tas.edu.au</u> School Office – 6229 5744 <u>enquiries@scc.tas.edu.au</u> We recognise that parents are the most important people in their children's early lives. Children learn about the world and their place in it through their conversations, play activities, and routines with parents and families. We support parents as active partners in children's learning.



Southern Christian College is an International Baccalaureate World School, authorised to offer the Primary Years Programme (PYP). The PYP provides the framework for our learning and teaching programmes from the youngest children up to grade 6. This works seamlessly with the Early Years Learning Framework

Brain research shows dramatic growth from birth to age five and that children learn more during this time than any other. Children in high quality pre-k programs make gains in early literacy, pre-reading, and numeracy; have more positive interactions with peers and adults; and are better prepared for kindergarten.

# Programme Details

Group time is an opportunity for our children to come together as a community of learners



The children learn to listen and to actively participate in songs, dances and games



The children develop a love of shared reading experiences



The children develop early literacy and numeracy concepts



The children develop important social and self-management skills foundational for kinder

Children gain the most from these times when they are sitting with their parent. Please support your child by being a good listener, actively involved and having fun!





Southern Christian College

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