



Wrap and Salad Specials

Term 4, Week 6

Monday 17th to Friday 21st November

NOTE: Wrap and Salad specials will change each week until the end of Term 4

Tasty Tuna Toasted Wrap

Tuna, Mayonnaise, Tasty Cheese, Onion, Diced Capsicum, Corn, Cherry Tomatoes on a bed of Baby Spinach, served in a Toasted Wrap



Small \$8.50 or Large \$10.50

Mexican Bean & Chicken Salad



Mexican spiced Chicken, Rice, Quinoa, Mixed Beans, Cherry Tomatoes, Fresh Herbs and Spring Onion tossed in a House-made Zingy Lime Dressing

One Size \$12.00

Food Allergies or Intolerances

Products containing nuts and nut traces are not sold. However, please be aware that food is prepared in a kitchen that produces dishes with milk, wheat, soybean, fish, eggs, egg products and sesame seeds. If you/your child has a food allergy or intolerance, please email the Canteen before placing your order via: canteen@tphs.nsw.edu.au