

# Tools for calmer homes

## Ways to reduce family conflict - Parenting seminar

Join experienced Family Support Worker Joan Lauricella for this practical parenting seminar.

This session will provide strategies for creating a calmer home and more positive family relationships, including:

- Tools to reduce everyday family conflict
- Ways to create routines that support wellbeing
- Communication strategies for positive relationships
- How to manage sibling fights and family conflict



Please scan to book:




Booking link:


<https://events.humanitix.com/tools-for-calmer-homes-ways-to-reduce-conflict>

For more information:

Email: [joan.lauricella@healthability.org.au](mailto:joan.lauricella@healthability.org.au)

 9.30am - 11.30am

 Tuesday 24 February

 \$30 per adult, \$45 per couple, \$16.50 concession

 healthAbility Eltham, Wominjeka Room, 917 Main Road Eltham

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